

CITY OF WHITE PLAINS

2017-18 GUIDE

Fall & Winter



Recreation & Parks • Youth Bureau
• **Library & Performing Arts Center**
• **Programs, Activities & Services**

www.cityofwhiteplains.com

The City of White Plains Programs

WHITE PLAINS CITY OFFICIALS

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Office of the Mayor

City of White Plains, Office of the Mayor
255 Main Street, White Plains NY 10601

Dear Fellow Resident:

I am happy to share with you the 2017-2018 Fall/Winter Guide. Fall offers crisp days, cool nights and rich colors. It's the perfect time to enjoy our parks and the many programs and special events the City of White Plains offers its residents.

Sharpen your pencils and mark your calendars! Here are just some of our not-to-miss Fall events: White Plains Jazz Fest, (September 13-17th), Ice Skating at Ebersole Ice Rink, (opens early October), the Frightfully Fun Halloween Festival and Parade, (October 29th) the Holiday Tree Lighting, (December 3rd), Winterfest , (opens December 16th) and the New Year's Spectacular (December 31st). And don't forget our Farmer's Market ,on Court Street, is open through November 22nd – perfect for Thanksgiving shopping!

I hope you will take advantage of the opportunities listed in this Guide. The City of White Plains and our community partners have worked hard to provide a variety of interesting programs and events for you. In the meantime, I look forward to seeing you around town!

Best regards,



Thomas M. Roach, Mayor



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Special Events

Community Partners

WP Education Training Center

WP Library Programs

WP Performing Arts Center

Youth Bureau Programs

Ebersole Ice Rink

Parks, Playground & Trails

Recreation & Parks Office Hours:

Mon - Fri 8:30am - 5:15pm

Sat 9am - noon

Information: 422-1336

Cancellations: 422-1302

*Recreation Office Closed on the Following Saturdays

November 25, December 23, December 30, February 17

www.cityofwhiteplains.com

Program Registration

RECREATION AND PARKS MISSION

The mission of the City of White Plains Recreation and Parks Department is to enhance the quality of life by providing recreational opportunities through safe, well-organized and affordable programs and facilities; and to maintain a comprehensive network of parks, trails and open spaces that promotes the mental, physical and social well being of our residents.

Refund Policy

Refunds are issued only for the following reasons: A full refund will be issued for any program cancelled by Recreation & Parks. A refund request because of illness or accident must be submitted in writing and accompanied by a doctor's note. Refunds will be prorated based on the date received, with a 10% service charge

Cancellation Policy

In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7). All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However there is no refund or pro-rated fee due to missed classes.

White Plains Recreation & Parks Alerts

Receive important information regarding recreation activities, weather related cancellations and game postponements by registering for RecAlerts. RecAlerts are reliable and free. There is no spam, no hidden cost; you receive messages as part of your cell phone text messaging plan (standard text messaging rates apply). To register use your cell phone, text "RecAlert" to 888777.

Program Registration

Registration for all programs begins four (4) business days following the mailing of the Guide. Online registration begins five (5) business days following the mailing of the guide.

All registration fees are payable at the time of registration. Class sizes are limited, so register early! Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to "The City of White Plains". Financial assistance may be available to qualified applicants. Federal Income Tax Form 1040 tax year 2016 or Social Services Eligibility letter must accompany application. **No Scholarships available for nonresidents.**

Mail-In, Walk-In or visit www.whiteplainsregistration.com, All individuals will be able to browse our online brochure, however, if you wish to take advantage of online registration available for most of our programs, **you will be required to visit our office and provide proof of residency.** We will then provide you free of charge a WEBACCESS PASS for the convenience of future program registration.

Nonresidents may register for most programs in our office. Limited enrollment

Registration for programs will be held at the Recreation Administration Office at 85 Gedney Way, Monday through Friday, 8:30am-5:15pm and Saturdays, 9am-noon. A \$20 fee will be charged for all returned checks.

Registration for all programs begins four (4) business days following the mailing of the Guide.

Resident ID cards are issued on an annual basis, and can be obtained in person upon presenting two acceptable proofs of residency at the Recreation Administration Office.

Recreation ID Card Fees:

Adult (18 and older)	Initial \$12	Renewal \$10
Youth (5 to 17)	Initial \$8	Renewal \$7
Senior Citizens	Lifetime Ages 70 and Older \$11	
Lost Card	Replacement Fee \$12	

Acceptable Proofs of Residency: Adult:

Picture ID or Driver's license photo ID and utility bills, lease or cancelled checks. Youth: School ID card, library card, driver's permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident

Notice: The Department of Recreation & Parks reserves the right to cancel a program or adjust fees prior to actual starting date.

Registracion de Programas

COMO INSCRIBIRSE

COMO INSCRIBIRSE

Todos los costos de inscripcion deben pagarse al momento de la inscripcion. Tamaño de las clases es limitado, registrense temprano! Pago puede ser echo en efectivo, cheque, o credito (Mastercard, Visa, o American Express). Por favor haga los cheques a nombre de "The City of White Plains". Ayuda financiera puede estar disponible para los solicitantes calificados. Declaracion de impuestos Federales 1040 año fiscal, de 2016 tiene que acompañar la solicitud.

Por correo, en persona, o visitar www.whiteplainsregistration.com, Todos los individuos seran capaces de navegar por nuestro folleto por el web, sin embargo, para tomar ventaja de registro por el web para la mayoría de nuestros programas se le requiere visitar nuestra oficina y necesitamos prueba de residencia. Entonces vamos a ofrecer gratuitamente un pase de acceso al web para la comodidad de registro de programas en un futuro.

Inscripcion para los programas se llevara a cabo en la oficina administrativa de parques y recreo en 85 Gedney Way, Lunes a Viernes, 8:30am -5:15pm y Sabados, 9am - medio dia. Una tarifa de \$20 se cobrara por todos los cheques devueltos.

TARJETA DE IDENTIFICACION DE RECREO

Las tarjetas de indentificacion de residentes se emiten sobre una base anual, y pueden se obtenida en persona al presentar dos pruebas aceptables de residencia en la Oficina Administrativa de Recreo.

Tarifas:

Adultos (18 o mas)	Inicial \$12	Renovacion \$10
Joven (5 a 17)	Inicial \$8	Renovacion \$7
Envejeciente (70 o mas)	\$11 de por vida	
Reemplazo, tarjeta perdida	\$12	

Pruebas Aceptables de Residencia: Adulto:

Licencia de conducir, facturas de servicios publicos, arrendamiento, o cheques cancelados. Joven: Tarjeta de identificacion de la escuela, tarjeta de biblioteca, permiso de conducir or licencia de conducir. Joven sin identificacion debe se acompañado por su pariente. Un residente es una persona que vive en la Ciudad de White Plains. Ser dueño de una propiedad en White Plains no califica necesariamente una persona como residente.

Nota: El Departamento de Parques y Recreo reserva el derecho de cancelar un programa o ajustar la tarifar antes de la fecha real de comienzo.

www.cityofwhiteplains.com

Where to go, What to do, Way of Life!
City of White Plains Recreation & Parks

Pre-School Programs

Arts & Crafts "Sticky Fingers"

Children have a great time with arts and crafts activities using a variety of art mediums. A smock or oversized t-shirt is necessary.

Age Group	3-5 Years
Day/Time	Monday, 8 Sessions
Course #	3 Years, with Caregiver-12:45-1:30pm 211010-C1 Begins September 18 No Session 10/9 C2 Begins January 22 No Session 2/19 4-5 Years, Children Only - 1:45-2:30pm 211010-C3 Begins September 18 No Session 10/9 C4 C4 Begins January 22 No Session 2/19
Location	Gillie Recreation Room
Registration	Ongoing
Fee:	\$100

Funtastic Fitness

This class is an introduction to fitness through aerobics, calisthenics and movement games. Children have fun while getting fit and building coordination, balance and stamina; comfortable clothing and sneakers necessary.

Age Group	4-5 Years, Children Only
Day/Time	Wednesday, 12:30-1:30pm, 8 Sessions
Course #	211010-F1 Begins September 20
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$100

Little Playmates

Children will enjoy a variety of activities that promote socialization, eye-hand coordination, language and speech development. Activities include storytelling, singalongs, arts & crafts, movement and play. Caregiver must participate in all activities with child.

Age Group	18 Months - 2 Years, with caregiver
Day/Time	Wednesday or Friday, 9:30-10:30am, 8 Sessions
Course #	211010-P1 Wednesday, September 20 P2 Begins Friday, September 29 No Session 11/10, 11/24 P4 Begins Wednesday, January 10 No Session 2/21 P5 Begins Friday, January 12 No Session 2/23
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$100

Play Group

Enjoy a scheduled play date and share ideas with others while having fun. Children have a great time interacting in a variety of activities: singing, parachute play, bubble making, creative movements, crafts and storytelling. Caregiver must participate in all activities with child.

Age Group	18 Months - 2 Years, with caregiver
Day/Time	Tuesday, 1:30-2:30pm, 8 Sessions
Course #	211010-TA Begins September 19 No Session 11/7 TB Begins January 16 No Session 2/20
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$100

Pre-Ballet

A playful introduction to the world of ballet, music and creative movement. Children learn about rhythm, balance and stretching, as well as classic ballet names, forms and sequences. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are required. A dance recital will be held in the spring 2018 for classes starting in January (date TBD).

Age Group	4-6 Years, Children Only
Day/Time	Thursday, 4:30-5:15pm, 5:30-6:15pm Begins September 28, 8 Sessions
Course #	211010-BC 4:30-5:15pm BD 5:30-6:15pm Begins January 18, 12 Sessions BE 4:30-5:15pm BF 5:30-6:15pm No Session 2/22, 4/5
Location	Gillie Recreation Room
Registration	Ongoing
Fee:	\$100-8 Sessions \$145-12 Sessions, Rehearsal & Recital



Pre-School Programs

Pre Kickers Instructional Program

Instructional program introduces players to the basic fundamentals of Soccer. Children will be introduced to various skills needed to play the game of soccer. No Experience necessary. **ALL PARTICIPANTS MUST WEAR SHIN GUARDS TO EVERY CLASS** and will receive a t-shirt. **Kick your way in and join our instructional staff on the field and get ready for play! All participants will receive a t-shirt.**

Age Group Pre K
Day/Time Saturday, Begins September 16, 6 Sessions
Course # 220510-P1 9:00-10:00am
Course # P2 12:25-1:25pm
No Session 9/30
Location George Washington Elementary School
Registration Ongoing
Fee \$75 **Deadline September 9**

Smart Start Sports

This program creates a solid foundation for sports activities by promoting safe and meaningful sports for children. Parents/ Caregivers must attend and participate in this program with their children.

Age Group 2-4 Years **with caregiver**
Day/Time Saturday, Begins January 20, 6 Sessions
Course # 214210-SS 9-9:45am
Course # SX 10-10:45am
No Session 02/24
Location Mamaroneck Ave School Gym
Registration Ongoing
Fee \$75

Soccer-Parent & Me Squirts

With a parent/caregiver by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will learn dribbling, shooting and passing.

Age Group 2-3 Years **with Caregiver**
Day/Time Tuesday, Begins September 19, 6 Sessions
Course # S1 9:30-10:15am
Course # S2 10:30-11:15am
Location Delfino Park
Registration Recreation Office or at www.ussportsinstitute.com
Fee \$110 **Check payable to USA Sport Group**

Storytime Ballet

new

This class teaches the fundamentals of basic ballet while engaging your child's imagination with the magic of children's stories. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are required. A dance recital will be held in the Spring 2018 for classes starting in January (date TBD).

Age Group 2-4 years **with Caregivers**
Day/Time Tuesday, 4:30-5:15pm
Course # 211010-B1 Begins September 19, 8 Sessions
No Session 10/31, 11/7
Course # B2 Begins January 16, 12 Sessions
No Session 2/20, 4/3
Location Gillie Recreation Room
Registration Ongoing
Fee \$100-8 Sessions
Fee \$145-12 Sessions, Rehearsal & Recital

T-Ball Squirts

Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of each session, participants will apply these skills to a scrimmage.

Age Group 3-5 years
Day/Time Tuesday, Begins September 19, 6 Sessions
Course # T1 3:30-4:15pm
Course # T2 4:30-5:15pm
Location Delfino Park
Registration Recreation Office or
at www.ussportsinstitute.com
Fee \$110 **Check payable to USA Sport Group**



YOUTH PROGRAMS

Ballet & Jazz

new

Designed for children who want to explore a blend of ballet and jazz movements, rhythms and combinations. Ballet shoes are required. A dance recital will be held in the Spring 2018 for classes starting in January (date TBD).

Age Group Grades 1-5
Day/Time Tuesday, 5:30-6:30pm
Course # 221010-D1 September 19, 8 Sessions
No Session 10/31, 11/7
D2 Begins January 16, 12 Sessions
No Session 2/20, 4/3
Location Gillie Recreation Room
Registration Ongoing
Fee \$100-8 Sessions
 \$145-12 Sessions, Rehearsal & Recital

BASKETBALL PROGRAM

Come to the gym and score your way through the Winter! We offer various basketball programs for children, where young athletes learn about the game, begin skill work and understand the meaning of teamwork and play games. Dribble your way in and join our coaches and staff get ready for tip-off!

Basketball Instruction

Our Basketball Instruction program introduces players to the basic fundamentals of basketball. Children practice dribbling, shooting, passing, and defense. No Experience necessary. Sessions are limited. **You may register for both sessions at the same time.**

Age Group K-2
Day/Time Saturdays
Session I **FALL**, Begins November 4, 6 Sessions
Course # 220310-F1 Grade K 9-10am
F2 Grade K 10:10-11:10am
F3 Grade 1 11:20-12:20pm
F4 Grade 2 12:30-1:30pm
F5 Grades 1 & 2 1:40-2:40pm
F6 Grades 1 & 2 2:50-3:50pm
No Session 11/25
Location Church Street School, Gymnasium
Fee \$75
Session II **WINTER**, Begins January 13, 6 Sessions
Course # 220310-W1 Grade K 9-10am
W2 Grade K 10:10-11:10am
W3 Grade 1 11:20-12:20pm
W4 Grade 2 12:30-1:30pm
W5 Grades 1 & 2 1:40-2:40pm
W6 Grades 1 & 2 2:50-3:50pm
No Session 2/24
Location Church Street School, Gymnasium
Registration Ongoing
Fee \$75

Basketball Competitive Travel Teams

Our Competitive Travel Basketball Teams invite and introduces driven White Plains basketball players to compete at a higher level of basketball play! **ALL PLAYERS MUST REGISTER AND ATTEND TRYOUTS TO BE SELECTED TO THE TEAM.** Teams compete in league play against teams from Westchester, NYC, and throughout the tri-state area. Registration forms must be submitted and/or signed to participate in tryouts.

Team Selection October 2-6

Ages Grades 5-8
Day/Time Varies, October-March
Boys
Course # 225910-B1 Boys Gr 5
B2 Boys Gr 6
B3 Boys Gr 7
B4 Boys Gr 8
Girls
225910-G1 Girls Gr 5
G2 Girls Gr 6
G3 Girls Gr 7
G4 Girls Gr 8

Location Varies
Registration: Ongoing (1 Team Per Grade)
Fee \$275, **Due upon Selection to Team.**

FREE TRY OUTS

Boys

Grade	Dates	Time
5	Sept. 25 & 27	6:00-7:30pm
6	Sept. 25 & 27	7:30-9:00pm
7	Sept. 26 & 28	6:00-7:30pm
8	Sept. 26 & 28	7:30-9:00pm

Location-Highlands Middle School

Girls

Grade	Dates	Time
5	Sept. 25 & 27	6:00-7:30pm
6	Sept. 25 & 27	7:30-9:00pm
7	Sept. 26 & 28	6:00-7:30pm
8	Sept. 26 & 28	7:30-9:00pm

Location-Church Street School

Team Selection Oct 2-6
Practices Begins October, Various Days



YOUTH PROGRAMS

Basketball Recreation League

Teams practice on weekdays between the hours of 6-9pm. Basketball sneakers and shorts without pockets are required. League play is determined by grades and is gender specific. The season ends with an exciting March Madness tournament. **VOLUNTEER COACHES ARE NEEDED.**

Age Group	Grades 3-10										
Day/Time	Weekday Evenings & Saturdays Practices Begin December, Season Begins January										
Course #	<table border="0"> <tr> <td>Boys</td><td>Girls</td></tr> <tr> <td>220310-B1 Gr. 3-4</td><td>220310-G1 Gr. 3-4</td></tr> <tr> <td>B2 Gr. 5-6</td><td>G2 Gr. 5-6</td></tr> <tr> <td>B3 Gr. 7-8</td><td>G3 Gr. 7-8</td></tr> <tr> <td>B4 Gr. 9-10</td><td></td></tr> </table>	Boys	Girls	220310-B1 Gr. 3-4	220310-G1 Gr. 3-4	B2 Gr. 5-6	G2 Gr. 5-6	B3 Gr. 7-8	G3 Gr. 7-8	B4 Gr. 9-10	
Boys	Girls										
220310-B1 Gr. 3-4	220310-G1 Gr. 3-4										
B2 Gr. 5-6	G2 Gr. 5-6										
B3 Gr. 7-8	G3 Gr. 7-8										
B4 Gr. 9-10											

Registration Fee Ongoing **DEADLINE November 18**
\$75-Residents only

New Player Evaluation

All first time players in our league must attend new player evaluations

Day/Time	Monday, 11/13 Girls grades 3-8 Tuesday, 11/14 Boys grades 3-10
Location	Highland Middle School/upper gym, 6-8pm



Cheerleading

Learn the techniques and team spirit necessary to be a top cheerleader. This cheerleading experience will develop your dance skills, work on team building and create an environment for new friendships.

Age Group	Grades 1-5
Day/Time	Monday, 6:30-7:30pm, 8 Sessions
Course #	224410-C1 Begins October 2 No Session 10/9
Location	Ridgeway School Gym
Registration Fee:	Ongoing \$90



Hip-Hop

Children will have a great time learning how to move to different rhythms and beats while adding their own spice and attitude. Class will focus on upper and lower body coordination. Children will get active, create new friends and learn to dance, all at the same time. Students should wear comfortable clothing. A dance recital will be held in the Spring 2018 for classes starting in January only. Dress rehearsal and recital dates to be announced.

Age Group	Grade 1 - 5
Day/Time	Wednesday 4:30-5:30pm
Course #	225710-HA Begins September 27, 8 Sessions HB Begins January 17, 12 Sessions
	No Session 2/21, 4/4
Location	Gillie Recreation Room
Registration Fee	Ongoing \$100-8 Sessions \$145-12 Sessions, Rehearsal & Recital



YOUTH PROGRAMS

My Art Treasure/Creative Explorations

Children will be able to have fun while exploring their artistic abilities. They will enjoy and experience different art mediums (painting, drawing, tie dyeing, clay sculpting and more), build on previous knowledge and learn new art skills. They will also learn about some popular artists and search for the artist within! Children should wear a smock or oversized shirt.

Age Group Grades 1 – 4
Day/Time Wednesday 4:30–5:30pm 8 Sessions
Course # 223010-AF Begins October 4
No Session 11/22
AW Begins January 24
No Session 2/21
Location Community Center, 65 Mitchell Place
Registration Ongoing.
Fee \$90 (Supplies Included)

Santa's Mailbox

Write your special letter to Santa, place it in an envelope addressed to SANTA, NORTH POLE, and drop it in the Special Santa Mailbox on the steps of City Hall. Remember to include your return address so Santa can send you a personalized reply! No stamp needed.

Day/Time November 20 to December 17

SOCCER

SOCCER STARTS HERE!

Come out to the field and kick your way through the Fall! We offer various soccer programs for children, where participants will be introduced to the fundamentals, teamwork and various skills needed to play the game of soccer. So, kick your way in and join our instructional staff on the field and get ready for play!

VOLUNTEER COACHES ARE NEEDED FOR LEAGUE PLAY.

LITTLE KICKERS INSTRUCTIONAL PROGRAM

Kick your way through the fall by joining our Little Kickers Instructional soccer program. Our programs introduce players to the fundamentals of Soccer and skill development. Participants will partake in drills, fun games, and non-competitive mini scrimmages. No Experience necessary. **ALL PARTICIPANTS MUST WEAR SHIN GUARDS TO EVERY CLASS. VOLUNTEERS ARE WELCOME**

Pre Kickers

Age Group Pre K
Day/Time Saturday, Begins September 16, 6 Sessions
Course # 220510-P1 9am
P2 12:25-1:25
No Session 9/30
Location George Washington School
Registration Ongoing, (Space Limited) **Deadline September 9**
Fee \$75

Kinder Kickers

Age Group Grade K
Day/Time Saturday, Begins September 16, 6 Sessions
Course # 220510-K1 10:05-11:05
Course # K2 1:30-2:30
No Session 9/30
Location George Washington School
Registration Ongoing, (Space Limited) **Deadline September 9**
Fee \$75

First Kickers

Age Group Grade 1
Day/Time Saturday, Begins September 16, 6 Sessions
Course # 220510-1A 11:10-12:10
Course # 1B 2:35-3:35
No Session 9/30
Location George Washington School
Registration Ongoing, (Space Limited) **Deadline September 9**
Fee \$75

new

YOUTH PROGRAMS

Recreation Soccer League

In-House 2nd Grade Co-ed League and Recreation Travel League for boys and girls, 3rd - 6th Graders. They will have a great time competing and interacting with and against other children in their grades in a safe, fun, and social environment. ALL PARTICIPANTS MUST WEAR SHIN GUARDS TO EVERY PRACTICE AND GAME, soccer cleats and athletic clothing are required. Weekly practice, games played on Saturday.

** 2nd Graders will play In-House Co-ed league on a modified field

** 3rd-6th Graders will participate in the Recreation Travel League with neighboring towns

Age Group	Grades 2-6
Day/Time	Saturday, 9am-3pm, , Begins September 23, 7 Sessions
Course #	220510-02 Grade-2, Coed-In House No Session 9/30
Boys	Girls
Course #	220510-03 Gr-3 & 4 Course # 220510-04 Gr-3 & 4 05 Gr-5 & 6 06 Gr-5 & 6
Location	George Washington Elementary School & various local fields
Registration Fee	Ongoing (Space Limited) Deadline September 9 \$75

Sunday Stars Instructional Program

Children will be introduced to the game and the various skills needed to play. They will be placed on teams and participate in drills and games. All players will receive a t-shirt and they **MUST** wear shin guards.

Age Group	Grades K-6
Day/Time	Sunday, Begins September 17, 6 Sessions
Course #	220510-08 Grade K - 2 10am 09 Grade 3 - 6 11:15am No Session 10/1
Location	Ralph Avenue Field
Registration Fee	Ongoing (Space Limited) Deadline, September 12 \$75

Soccer Travel Teams - Coordinated by White Plains Youth Soccer

More information Contact: Alejandro Galeano - (914) 924-7266
alejo2384@hotmail.com U8-U18 boys and girls

Swim FREE Family FUN

A free family oriented activity. All children under 13 must be accompanied by an adult, **NO SWIM DIAPERS ALLOWED**. Each participant 5 years & older **MUST** have a valid Recreation ID card to participate. No registration required.

Age Group	Pre K-Adult
Day/Time	Friday, 7-9pm
Course #	F1 Begins October 6, 6 Sessions No Session 11/10 F2 Begins January 5, 8 Sessions No Session 2/23
Location	White Plains High School Pool
Fee	Valid Recreation and Parks ID Card must be presented at the pool.



Swim Instruction-Beginners (Levels 1, 2 & 3)

Children will learn basic water safety skills and will be introduced to swimming. Everyone will be tested on the first day of class and will be divided according to their beginner skill level. Front crawl, backstroke and basic breaststroke-arms will be introduced. All children must wear goggles. No intermediate or advanced swimmers will be allowed in this class.

Age Group	Grades K-8
Day/Time	Tuesday, 6:45-7:30pm, 8 Sessions
Course #	220110-T1 Begins September 19 No Session 11/7 T3 Begins January 9 No Session 2/20
Day/Time	Saturday, 8 sessions
Course #	S1 12-12:45pm, Begins September 16 S2 1-1:45pm S3 3-3:45pm No Session 9/30 S6 12-12:45pm, Begins January 6 S7 1-1:45pm S8 3-3:45pm No Session 2/24
Location	White Plains High School Pool
Registration Fee	Ongoing \$100

YOUTH PROGRAMS

Swim Instruction-Intermediate to Advanced Swimmer (Levels 4 & 5)

Registrants must be able to swim at least two pool width laps in 4-5 feet deep water. All participants will be tested on the first day of class and divided according to their skill level. Participants will work on refining stroke efficiency, breathing techniques and building endurance. Breaststroke-kicking and basic butterfly stroke will be introduced. All participants must wear goggles. No beginners will be allowed in this class.

Age Group	Grades K-8
Day/Time	Tuesday, 7:45-8:30pm, 8 Sessions
Course #	220110-T2 Begins September 19 No Session 11/7 T4 Begins January 9 No Session 2/20
Day/Time	Saturday 2-2:45pm, 8 Sessions
Course #	S4 Begins September 16 No Session 9/30 S9 Begins January 6 No Session 2/24
Location	White Plains High School Pool
Registration	Ongoing
Fee	\$100

Swim Team Conditioning (Level 6)

Students must be able to swim the length of the pool unassisted using a combination of Freestyle Backstroke and Breaststroke. They must also be able to use proper water breathing techniques. This class will concentrate on refining competitive strokes, practicing flip turns, diving and block starts. All participants must wear goggles. No Beginner or Intermediate Level students will be allowed in this class.

Age Group	Grades 3-8
Day/Time	Saturday 11-11:45am, 8 Sessions
Course #	220110-S5 Begins September 16 No Session 9/30 S0 Begins January 6 No Session 2/24
Location	White Plains High School Pool
Registration	Ongoing
Fee	\$125



TGA Golf Enrichment

This program is offered by TGA in association with WP Rec & Parks. TGA makes it convenient and fun for your child to learn and play golf. Curriculums ensure that lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons and physical activity. Certified instructors will help your student athlete develop a strong foundation of skills and knowledge as well as a passion for the sport.

Age Group	Grades K-6
Day/Time	Monday, Begins September 11 8 sessions Grades K-3, 4:30-5:30pm Grades 4-6, 5:30-6:30pm No Session 10/9
Location	NY Presbyterian Hospital/9-Hole Golf course
Registration	Recreation Office or at www.playtga.com/southernwestchester
Fee	\$200 Check payable to TGA of Southern Westchester



TGA Golf Winter Break Camp

This program is designed to empower students with the tools to be successful on the course and in life. TGA provides all equipment.

Age Group	Grades K-6
Day/Time	Tuesday to Thursday, 9:30-12:30pm 3 sessions, February 20-22
Location	Mamaroneck Ave. School Gym
Registration	Recreation Office or at www.playtga.com/southernwestchester
Fee	\$200 Check payable to TGA of Southern Westchester

YOUTH PROGRAMS

Quick Start Tennis

new

What makes tennis fun for children is being able to rally a ball back and forth over the net. In cooperation with the USTA, We offer Quick Start Tennis. Quick Start tennis is a program designed to instruct children at the beginner level in the skills needed to play and most of all enjoy the game of tennis. Utilizing smaller tennis courts, foam and oversized tennis balls, the child will learn the game of tennis. All equipment for this program is provided.

Age Group	Grades 1-6
Day/Time:	Thursday, 5-6pm
Course #	221210-01 Begins September 14, 4 Sessions
Location	Gillie Park
Registration	Ongoing
Fee	\$85

Tennis Instructions

This is an instructional program designed for the beginner as well as the more advanced player. The goals include the following areas of fundamentals, proper grip of racquet, development of a forehand and back hand game, as well as learning the etiquette and rules of the game of tennis. Through development of basic tennis skills an individual can develop a lifelong interest in a healthy activity.

Age Group	Grades 4-9
Day/ Time	Friday, 5-6pm
Course #	221210-02 Begins September 15, 4 Sessions No Session 9/22
Location	Gillie Park
Registration	Ongoing
Fee	\$85



Track & Cross Country

Learn the basics of track & cross country. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running. Classes meet twice a week.

Age Group	Grades 3-8
Day/ Time	Monday & Wednesday or Tuesday & Thursday, 5:30-6:30pm
Course #	221110-MW Begins Monday, September 25 10 Sessions No Session 10/9 TT Begins Tuesday, September 26 10 Sessions
Location	Highlands Middle School Parker Stadium Track
Registration	Ongoing
Fee	\$80



TEENS ONLY No Parents Allowed

Programs will be exciting, social, lots of fun and well supervised by experienced recreation staff. Come enjoy a night with your friends and make new ones. **SCHOOL ID REQUIRED, RESIDENTS ONLY.**

Back-to-School Dance Party, Grades 6, 7 & 8

DJ rocks Delfino Park as we celebrate fall, friends, and back-to-school.

Day/ Time	Friday, September 15, 7-9:30pm
Location	Delfino Park, Ebersole Ice Rink
Fee	\$10

Halloween Window Painting

White Plains Scout Troops are invited to paint the town. We also welcome store owners to contribute their windows for decorating.

If you are interested in participating in this program, scout troops must register by September 15. Call 422-1255 to register.

"No-Go-Yell-Tell" Stranger Danger Program

This is a child safety program, designed to give children the skills to remain safe today. Simple and effective strategies against stranger danger are practiced through role playing in a safe, fun, caring environment.

Age Group	6-11 Years
Day/ Time	Thursday, January 18, 5:30-6:30pm
Course #	225010-S2
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$5 MUST PRE-REGISTER

YOUTH PROGRAMS

Safe on My Own

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover First Aid, telephone & door answering, activity plans, emergencies & more!

Age Group	Grades 5-8
Day/ Time	Wednesday, January 17, 6-8pm
Course #	225010-S1
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$5 MUST PRE-REGISTER



StoryWalk™

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover First Aid, telephone & door answering, activity plans, emergencies & more!

Where: Bryant – Mamaroneck Park, municipal parking available at the Mamaroneck Ave. Lot,

540 Mamaroneck Ave. (behind Dunkin Donuts)

When: Now – October 31, during normal park hours

Cost: Free

Note: The path in the park is natural and thus could prove to be challenging for some. Please exercise caution whilst walking on the path.

Taiko Drumming

Learn the technique and skill of traditional Taiko Masala drumming. Students will get an introduction to this exciting, energetic and unique drumming experience. Drums will be provided. Students will perform at the White Plains Tree Lighting, December 4.

Age Group	Grade 1-Adult
Day/Time:	Sunday, 10-1pm
Location	Gillie Community Room, Gedney Way
Registration	Ongoing Call 422-1339 for start date
Fee	\$85 Resident, \$100 Non-Resident
	Check payable to Niji No Kai

Lacrosse Association, White Plains

This program teaches beginners and young players the basic skills necessary to play in competitive games.

Age Group	Grades 1-8, Girls Grades 3-8
Registration	Begins December: Applications are available at www.wplax.com .

VOLLEYBALL YOUTH CLINIC

Clinic based program, where each class is designed as a practice. Each practice will consist of passing/ball control, setting, hitting, defense, positioning, and end of practice scrimmages.

Age Group	Girls & Boys, Grades 7th – 12th
Day/ Time	Thursdays, November 16 – January 18, 8 Classes No Session 11/23
Location	TBD
Fee	\$200 Make checks payable to Westchester Volleyball NY
	For further Information please email WESTCHESTERVOLLEYBALLNY@GMAIL.COM



Party Room Ebersole Ice Rink

Are you looking to host an Ice Skating Birthday party, you don't have to look further than Ebersole Ice Rink. The Party room at Ebersole Ice Rink is available for groups up to thirty. There are many party packages available for both the use of the Party room during Public Skating sessions as well for any other occasion you may be planning. Let the staff at Ebersole Ice Rink make that birthday party or other special event happen! For further information you can contact Ebersole Ice Rink at 914 422-1390 or e-mail Ariel Hernandez at ahernandez@whiteplainsny.gov

White Plains Little League

Registration Starts in Early December

Register Online at

www.whiteplainslittleleague.com

Age Group	Boys & Girls, 5-15 Years
	Scholarships Available!

Contact: email whiteplainslittleleague@gmail.com and/or info@whiteplainslittleleague.com

YOUTH PROGRAMS

Great White Plains Camp Out

Camp Out overnight in your own community. Overnight camping and all activities included in fee. Activities include: nature workshops, hiking, games, outdoor movie, campfire, and leisure fun under the stars.

Age Group	Open to Families and Scout Groups
Day/ Time	Saturday, September 16 check-in after 2pm Checkout by 11am September 17 Rain date September 23
Location	Delfino Park Lake Street
Registration	Deadline September 11
Fee	\$60 per family of six



White Plains Recreation & Parks Camp Fair

Excitement, fun and friends await your child at summer camp in White Plains. Our camp fair gives you the opportunity to ask questions and get more information about our varied camp options. Meet the Camp Directors. **Registration available on-site with current immunization records.** Early bird rates with deposit.

Age Group	Open to All
Day/ Time	Saturday, February 3, 10am – 1pm.
Location	White Plains High School Cafeteria 550 North Street (Use entrance off North Street)
Fee	Free



Creative Drama: Acting Through Stories!

A creative, fun introduction to theatre using familiar stories as source material. Students go beyond the story and create new adventures using drama to tie together acting and early literacy skills. Different stories will be used in each session so repeat students will get a different experience.

Age Group	Grades K–2
Day/Time	Friday 4–5pm Begins September 29, 6 Sessions Begins January 12, 6 Sessions
Location	WP Performing Arts Center Residents only, School ID required
Registration	Online at http://wppac.com/conservatory-theatre
Fee	\$90

The Actor's Toolbox

The perfect class for budding actors. Students learn the basics of acting and character work through games, improvisation, and scenes. These beginning skills are ones that all actors use as they continue their growth as artists.

Age Group	Grades 3–5
Day/ Time	Friday 5–6pm Begins September 29, 6 sessions
Location	WP Performing Arts Center Residents only, School ID required
Registration	Online at http://wppac.com/conservatory-theatre
Fee	\$90

The Actor's Toolbox Part 2

The perfect class for budding actors who have a little bit of training. Building on skills learned in sessions of The Actor's toolbox, students continue to work on acting skills and characters through games, improvisation, and scenes. Best for those who have already had at least one acting class, though newcomers are welcome.

Age Group	Grades 3–5
Day/ Time	Friday 5–6pm Begins January 12, 6 sessions
Location	WP Performing Arts Center Residents only, School ID required
Registration	Online at http://wppac.com/conservatory-theatre
Fee	\$90

Improv Acting

We use improv games and formats to create scenes without scripts. Our class is light-hearted and often funny while teaching quick-thinking acting skills. If you enjoy making things up on the spot, you'll probably like this class. Appropriate for those who have taken the class before, and for newcomers.

Age Group	Grades 6–8
Day/ Time	Thursday 5–6pm Begins September 28, 6 Sessions Begins January 11, 6 Sessions
Location	WP Performing Arts Center Residents only, School ID required
Registration	Online at http://wppac.com/conservatory-theatre
Fee	\$90

Programs for People with Differing Abilities

Teens and Adults

White Plains Recreation & Parks provides a variety of recreational fun & leisure programs for individuals with developmental disabilities. We are committed to providing facilities and programs which meet the needs of our residents. For more information regarding accessibility at our parks visit our website at www.whiteplainsny.gov for program information contact Matt Hanson, Recreation Supervisor II, 422-1363.

How Do New Participants Join the Program?

Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Matt Hanson, 422-1363

Registration & Payment

Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver.

In addition to the program fee, there may be additional money required for some activities.

Recreation Buddies

We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Matt Hanson, 422-1363.

For additional recreation opportunities White Plains Recreation Parks has partnered with Greenburgh Parks & Recreation.

For more information on program offerings, please contact Noel Broccoli @ 693-8985, ext 128

Life Skills NEW

Life skills include a wide range of knowledge and skill interactions believed to be essential for young adults. We will be able to teach the importance of grooming properly, use kitchen utensils, make decisions about money, how to shop for your own things, and to be more independent, etc.

Age Group	13 & Older
Day/Time	Friday, 6pm,
Course #	251510-LS Begins November 10, 4 Sessions No Session 11/24, 12/8
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$32

Move & Groove

Musical games, dance movements and fun activities that will get you in the groove.

Age Group	13 and older
Day/Time	Monday, 5:30–6:30pm
Course #	221510-M1 Begins September 18, 8 Sessions No Session 10/9
Course #	221510-M2 Begins January 8, 8 Sessions No Session 1/15, 2/19
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$64

“Out & About” Social Night

Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.

Age Group	13 & Older
Day/Time	Friday, 6:30–9:30pm
Course #	251510-F3 Sept 8, Oct 13 (Halloween Party), Nov 10, Dec 8 (Holiday Party)
Course #	251510-W3 Jan. 12, Feb. 9 (Valentine Party), Mar. 9
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$32



Programs for People with Differing Abilities

Swim & Gym

Take a dip in the pool followed by fun activities and sports in the gym.

Age Group 16 & Older
Day/Time Thursday, 7-9pm
Course # **251510-F1** Begins September 28, 8 Sessions
No Session 11/23

Course # **W1** Begins January 11
No Session 2/22

Location White Plains High School, North Street
Registration Ongoing
Fee \$64



Special Olympic Training & Competition

Programs are designed for participants to learn the specified sports skills and to train for team competition. **A current Special Olympics Registration & Medical Form is also required to participate and is required with the program registration.**

Athletics Track & Field

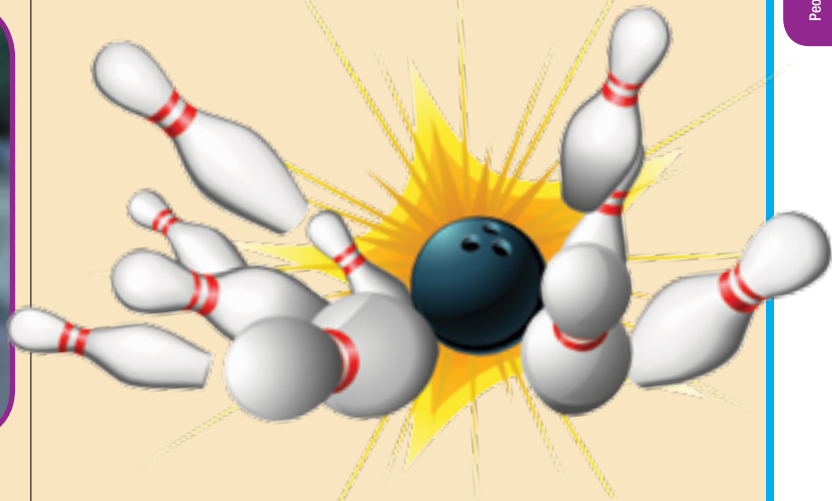
Age Group 15 & Older
Day/Time Wednesday, 6:30-8:30pm
Course # **251510-T3** Begins February 14, 12 Sessions
No Session 2/21, 4/4

Location Highlands Middle School-South Gym
Registration Ongoing
Fee \$96
Competition Time Trails, April TBD. Details to be announced
 Spring Game, May TBD. Details to be announced



Bowling

Age Group 15 & Older
Day/Time Saturday, 12-2pm
Course # **251510-T1** Begins September 16, 12 sessions
Location Bowlmar, Tarrytown Road
Registration Ongoing
Fee \$96
Bowling Fee **Check payable to Bowlmar**
 Fee includes 2 games and shoes for the season
Competition Bowling competition, TBA



Westchester Broadway Theatre

The Christmas Voyager

Age Group 15 & Older
Day/Time Saturday, Time TBA, December 16
Course # **251510-BT**
Registration Ongoing
Fee TBA

This delightful Holiday Musical is a true celebration of the season. All the splendor of the holiday season in one place, a great show to start the Holiday season.



Ebersole Ice Rink



Ebersole Ice Rink located in Delfino Park, Lake Street.
Phone: 422-1348/422-1390. Rink opens early October
(weather permitting).

2017 - 2018 Public Session Schedule:

Thursday	12-2pm
Friday	3-5pm, 8-10pm, (Friday Night Skate with DJ!)
Saturday	1:45-4:15pm
Sunday	8:30-10:15am (Adults Only), 1:15-3:45pm (General Session)

* Amended Hours During School Vacation Weeks

Holiday Schedule

Thanksgiving Day **CLOSED** Thursday, November 23
Christmas Day **CLOSED** Monday, December 25
Sunday, December 24, 12-3:45pm
Sunday, December 31, 12-3:45pm
Tuesday, December 26 through Friday, December 29,
1-3:45pm
New Year's, Sunday, January 1, 12-4pm
Martin Luther King Day, Monday, January 15, 12-3:45pm
Winter Recess Monday, February 19 through Friday,
February 23, 1-3:45pm

Family Admission Rates

Youth: \$8, Adult: \$10, Senior: \$5
Youth Coupons-10 Coupons \$70
Adult Coupons-10 Coupons \$90
Skate Rentals \$5.00
Skate Sharpening \$8.00

Skate with Frosty the Snowman!
Sunday, December 17, 1-3:45pm
(REGULAR ADMISSION)

**Free Rink Admission on
Veteran's Day Friday,
November 10, 11-2pm**

HOST YOUR NEXT PARTY AT EBERSOLE ICE RINK

- Private Party Room
- Food on Site
- Skate Rentals Included
- Contact Ariel Hernandez at
ahernandez@whiteplainsny.gov
for info/pricing

SAVE THE DATE(S):

Shamrock Solos: Thursday, March 15, 2018 6pm

Annual Spring Spectacular:

Sunday, March 25, 2018 4pm* Rehearsal Dates TBA

Free Style Subscription Ice (Mixed Level)

Day/Time Friday, 6-7:30pm
Course # 250810-01
Location \$350 Residents, \$500 Non-Residents; \$25 Walk-on

Group Lessons (ages 4 through adult)

Group instruction will be offered in three, 6-week sessions. Class times vary based upon age/level. **IN PERSON REGISTRATION IS REQUIRED AT RECREATION AND PARKS, 85 GENDEY SEE BELOW FOR DATES/TIMES**

Ebersole Skate School Director Amy Mancini has always had a passion for the Ice. She has been a top level instructor for over 20 years at numerous local rinks.

Classes will offer multilevel instructions; contact Amy @amancini@whiteplainsny.gov or 914 523-1106 for Class information.

"We-Skate" Group Class Offerings

Beginner through advanced instruction

Course # 220710
Session 1 October 20-November 26
Registration October 7 @ 10am, October 11&12 @ 6pm
Session 2 December 8-January 28
Registration November 15 @ 6pm, Nov. 18 @ 10am
Session 3 February 2-March 18
Registration January 20 @ 10am, January 24-25 @ 6pm
Fee \$120

- Session 1 October 20-November 26
- Registration October 7 @ 10am, October 11&12 @ 6pm
- Age Group 4-Adult
- Day Friday or Saturday or Sunday
- F1 Friday 3:45pm Tot 1, Adv Tot, Tot 2, Pre-Alpha
- F2 Friday 4:15pm Alpha, Beta, Gamma/Delta,
- F3 Friday 4:45pm Gamma/Delta, Freestyle 1&2&3, Adult
- S1 Saturday 12:15pm Tot 1, Adv Tot, Pre-Alpha, Special Alpha
- S2 Saturday 12:45pm Tot 1, Adv. Tot, Tot 2, Pre-Alpha, Special Alpha
- S3 Saturday 1:15pm Alpha, Beta, Gamma/Delta, Freestyle 1&2&3, Adult
- 01 Sunday 11:45a Tot 1, Adv Tot, Tot 2, Pre-Alpha, Special Alpha, and Advance levels
- 02 Sunday 12:15pm Tot 1, Adv Tot, Tot 2, Pre-Alpha, Special Alpha, and Advance Level

Ebersole Ice Rink

Ebersole Ice Rink Happenings

Skate to music every Friday night from 8-10pm

Session 2 December 8-January 28

Registration November 15 @ 6pm, Nov. 18 @ 10am

Age Group	4-Adult
Day	Friday or Saturday or Sunday
F4	Friday 3:45pm Tot 1, Adv Tot, Tot 2, Pre-Alpha
F5	Friday 4:15pm Alpha, Beta, Gamma/Delta,
F6	Friday 4:45pm Gamma/Delta, Freestyle 1&2&3, Adult
S4	Saturday 12:15pm Tot 1, Adv Tot, Pre-Alpha, Special Alpha
S5	Saturday 12:45pm Tot 1, Adv. Tot, Tot 2, Pre-Alpha, Special Alpha
S6	Saturday 1:15pm Alpha, Beta, Gamma/Delta, Freestyle 1&2&3, Adult
03	Sunday 11:45a Tot 1, Adv Tot, Tot 2, Pre-Alpha, Special Alpha, and Advance levels
04	Sunday 12:15pm Tot 1, Adv Tot, Tot 2, Pre-Alpha, Special Alpha, and Advance Levels

No Classes December 22, 23, 24

Session 3 February 2-March 18

Registration Jan. 20@ 10am, Jan. 24-25 @ 6pm

Age Group	4-Adult
Day	Friday or Saturday or Sunday
F7	Friday 3:45pm Tot 1, Adv Tot, Tot 2, Pre-Alpha
F8	Friday 4:15pm Alpha, Beta, Gamma/Delta,
F9	Friday 4:45pm Gamma/Delta, Freestyle 1&2&3, Adult
S7	Saturday 12:15pm Tot 1, Adv Tot, Pre-Alpha, Special Alpha
S8	Saturday 12:45pm Tot 1, Adv. Tot, Tot 2, Pre-Alpha, Special Alpha
S9	Saturday 1:15pm Alpha, Beta, Gamma/Delta, Freestyle 1&2&3, Adult
05	Sunday 11:45a Tot 1, Adv Tot, Tot 2, Pre-Alpha, Special Alpha, and Advance levels
06	Sunday, 12:15pm Tot 1, Adv Tot, Tot 2, Pre-Alpha, Special Alpha, and Advance Levels

No Classes February 23, 24, 25

CAMP CHILL

Winter Break – February 2018

Multi-day sessions and sibling discounts available

Accelerated Program

Learn to Skate / Figure Skating / Hockey Learn to Skate

Come join the fun! Registration information coming soon!



Ebersole Ice Rink

Hockey Group Class Offerings

Intro to Mites Hockey

Clinic teaching basic skating skills and the fundamentals of hockey and team play. The class is geared towards preparing skaters for Ebersole's Mites Hockey program (See Below) and thus is recommended for skaters who may wish to join a hockey team in the future. Hockey skates and full hockey gear/equipment required for participation.

Age Group:	5-7
Day/Time:	Sunday, 10/22-11/26, 10:30-11:30am
Course#	220610-H1
Day/Time:	Sunday, 12/10-1/28, 10:30-11:30am
Course#	220610-H2
Day/Time:	Sunday, 2/4-3/18 10:30-11:30am
Course#	220610-H3
Fee:	6 Sessions, \$275 Resident, \$400 Non-Resident

Open Level Hockey Clinic

One hour, half-ice clinic teaching/emphasizing the fundamentals of hockey, in addition to power skating and edgework. This class is open to all levels and geared towards skaters who want to use the clinic as supplemental instruction to a current team and/or skaters who wish to have one-hour of hockey fun a week! Hockey skates and full hockey gear/equipment required for participation.

Age Group:	All ages
Day/Time:	Sunday, 10/22-11/26, 10:30-11:30am
Course#	220610-H4
Day/Time:	Sunday, 12/10-01/28, 10:30-11:30am
Course#	220610-H5
Day/Time:	Sunday, February 4-March 18 10:30-11:30am
Course#	220610-H6
Fee:	6 Sessions, \$275 Resident, \$400 Non-Resident

Ice Hockey Mite

The Mite program is designed for the player who has had either clinic experience, or who has participated in organized hockey. Players are scheduled to skate three times per week. Games are cross ice.

Age Group:	8 Years & Younger
Day/Time:	Weekdays, October - March - 6pm
Course #:	220610-01
Location:	Ebersole Ice Rink
Registration:	Ongoing
Fee:	\$850

Party Room Ebersole Ice Rink

Are you looking to host an Ice Skating Birthday party, you don't have to look further than Ebersole Ice Rink. The Party room at Ebersole Ice Rink is available for groups up to thirty. There are many party packages available for both the use of the Party room during Public Skating sessions as well for any other occasion you may be planning. Let the staff at Ebersole Ice Rink make that birthday party or other special event happen! **For further information you can contact Ebersole Ice Rink at 914 422-1390 or e-mail ahernandez@whiteplainsny.gov**



Adult Programs

Basketball League Men's Division

All Residential, Collegiate, Corporate, & Non-Resident Teams are welcome to participate. Manager's meeting is scheduled for all paid teams Wednesday, November 1 at 6:30pm at the Recreation and Parks Department, 85 Gedney Way. **ALL TEAMS INTERESTED IN PLAYING OR FOR ADDITIONAL INFORMATION, PLEASE CONTACT GEORGE PRICE, (914) 422-1347.**

Age Group Varies
Day/Time Weekday 7-9pm, December-Aprill
Course # 240310-01
Location Highlands Middle School Upper Gym
Registration Ongoing **(League is limited to 12 Teams)**
Fee \$950 without Sponsors Name
 \$1,000 with Sponsors Name
All fees must be paid before league play begins.

Fat Burning Pilates-Bodies In Motion

Join a dynamic class that combines calorie burning cardio and fundamental Pilate moves. This combination of cardio moves and core exercises will strengthen your abdomen and maximize your fat burning potential.

Age Group: 18 & Over
Day/Time Monday & Thursday, 6:45-7:45pm, 6 Sessions
Course # 245310-01 Begins October 16
 02 Begins November 13
No session 11/23
 03 Begins January 22
 04 Begins February 26
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$78

Gentle Yoga

A gentle and individualized approach to Yoga. This class will introduce slow and flowing movements to open and center the body and mind. Instructor will offer modifications to make poses more accessible for those who would like to practice in a supported way. It may include breath work and guided imagery. Bring your own mat.

Age Group: 18 & Over
Day/Time Saturday, 10:45-11:45am, 6 Sessions
Course # 244510-YF Begins October 7
 YW Begins January 13
Location White Plains Public Library - Galaxy Hall
Registration Ongoing
Fee \$78



Softball, Co-Ed League--Fall League

Established league of co-ed softball, please contact Matt Hansen, Recreation Supervisor at 422-1363 for further details.

Age Group Men and Women 18 and Older
Day/Time Weekday nights, September-November 6-11pm
Course # 240210-03
Location Defino Park/Gille 2
Registration Ongoing
Fee \$800-Entry deadline 9/9



Softball, Men's League--Fall League

Slow Pitch- League play for all levels of competition.

Age Group 18 & older
Day/Time Games are weekdays, September-November
Location Defino Park
Registration Ongoing
Fee \$800-Entry

Tennis- Platform Tennis

Open play, follows Ebersole Ice rink schedule.

Age Group 16 & Over
Day/Time Weekdays, 9a-9pm; Weekends; 9a-6p
Location Delfino Park, 2 Courts, first-come first-served
Registration Permit only
Fee Season pass Adult \$100, Senior Citizens \$75
 Non-Resident \$200
 Guest coupons available for purchase when ice rink is open
 \$10 per coupon, court closed city holidays



Adult Programs

Tennis- Instruction

Instructional program designed for the beginner as well as the more advanced player.

Age Group 16 & Older
Day/Time Monday or Wednesday 6-7:30pm, 4 Sessions
Course # **241210-01** Begins Monday September 11
02 Begins Wednesday September 13
No session 9/20
Location Gillie Park
Registration Ongoing
Fee \$125



Fall Tennis Tournament

Information To Be Announced

Call 422-1363 for Details

Yoga-Open Level

Start your weekend off by releasing tension from your body, lifting your spirit and connecting your inner core. Using mind, body and breath awareness we will explore various yoga poses to help increase strength, flexibility and overall well being.

Age Group 18 & Older
Day/Time Saturday, 9-10am, 6 Sessions
Course # **244510-Y1** Begins October 7
Y2 Begins January 13
Location Gillie Room
Registration Ongoing
Fee \$78



NEW! 50+ Lifelong Recreation Celebration - Turnure Park

"The Body Heals with Play - The Mind Heals with Laughter - The Spirit Heals with Joy"

The Lifelong Recreation Celebration program will focus on fitness, social engagement, education, arts, creativity and healthy lifestyles activities for resident adults 50 and older. Join us for a FREE day of activities in one of White Plain's premier parks. Throughout the day residents can participate in a variety of classes such as a Fitness Walk and Senior Strong Exercise, MAT Yoga, Line Dance, and a relaxing Zentangle Art Workshop. Enjoy a variety of games, beach volley ball, scavenger hunt, trivia, and Bocci demonstration. Discover the joy of parks. Barbecue lunch and bus transportation are available for a minimal contribution.

Day/Time Friday, September 8, 10am-3pm (rain date 9/13)
Location Turnure Park, Canfield Avenue between Main Street and Lake Street
Fee FREE Classes and activities
 \$3 suggested contribution for lunch
 \$2 suggested contribution for round trip transportation

Advance reservation is required for lunch and transportation. For more information or to make a reservation, call 422-1423.

Volleyball Adult Coed Clinic

Age Group 18 and older
Day/Time Thursday, 6:45-8:45pm
 Begins January 25-March 8
Fee \$130 per person
 Make check payable to Westchester Volleyball NY

For further information email westchestervolleyballny@gmail.com

Volleyball Adult Coed League

Age Group 18 and older
Day/Time Tuesday, 6:30-10pm
 Begins Nov 14-March 13, 14 weeks, 1 Week playoffs
Location Eastview Middle School
Fee \$950 per team, 10 players-max
 Make check payable to Westchester Volleyball NY

For further information email westchestervolleyballny@gmail.com

Zumba by Lisa

new

Come get some exercise and have some fun doing it. Every class feels like a dance party! Come join me and you'll see what I mean. No experience necessary. I guarantee you will have a blast!

Age Group 12 & Older
Day/Time Tuesdays 7-8 pm, 8 sessions 10/3 - 11/28; no class 10/31 Make up date 12/5 If needed
Location Gillie Recreation Room
Registration Register at recreation office. Minimum Registrants to have class. Deadline to enroll 9/18. Walk in's welcome. For questions contact zumbabyalisa@optonline.net
Fee \$96 Checks payable to Lisa Bonelli

Active Older Adult Programs AOA

About the White Plains Recreation & Parks AOA Program

The Active Older Adult Program offers classes and leisure activities for adults 60 years and older. All programs are held at the White Plains Recreation & Parks Community Center, 65 Mitchell Place, in the historical Armory building in downtown White Plains. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave. and Main Street. Programs hours are Monday - Friday, 8:30 am - 4:30pm. For more information about our program call 422-1423.

The Senior Café Program and Transportation and Supportive Services are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.

Recreation & Wellness Support-Residents 60 years old and up qualify to participate in classes, programs, services, trips and special events. Non-residents are welcome to attend classes by paying the non-residents rate. Enjoy a variety of recreation and leisure activities throughout the year. Through our Wellness Support program you can receive guidance and direction from health care professionals.

Senior Café-The Center serves a delicious, nutritious hot lunch daily from 11:30am-noon for a **\$3.00** suggested contribution. Meal reservations can be made for a week at a time (**24 hour reservation required**), call 422-1423.

Refund Policy-There are NO refunds unless your cancellation is filled. There are no refunds for Center parties, luncheons and events. For any programs cancelled by the Recreation & Parks Senior Program, a full refund will be issued.

Center Transportation Services-Bus service is available, door to door, to and from your home (24 hour reservation required). Reservations can also be made for a week at a time. Center Bus Schedule: 9am, 10am (dependent on number of riders) 1 & 2:30pm runs. Fee is a \$1.00 suggested contribution per one-way service. For reservations call 422-1423.

Grocery Shopping-Thursdays-(Shop for one hour). Bus pick up is between 9:15 – 10am. You can choose to shop at Stop & Shop or Shop Rite. Farmer's Market – Wednesdays - The Senior Bus will pick you up on the morning run and drop you off at the market. The bus will pick you up from the Market and return to the Center, not your home. For a ride home you must make a reservation for the 1pm bus leaving from the Center.

NEW! AARP Tax Help - Bus Transportation - Wednesday - Beginning February 2017 AARP Tax help will be located at the White Plains Library. The Senior Bus will pick you up on the 9am morning run and drop you off at the library. You must make a 48 hour reservation for the 9am pick up. The bus will pick you up from the library at 11:15 am and return to the Center, not your home. For a ride home you must make a reservation for the 1pm bus leaving from the Center.

Para Transit Services in White Plains - Para-Transit of Westchester County of White Plains utilizes taxi cab companies to provide Para Transit services for whose disabilities prevent them from using standard fixed route buses. For more information call Para Transit at 995-7272 and press 2. Applications can also be picked up at the Community Center.

Senior Citizens Advisory Committee (The SCAC is a non-partisan and non-sectarian organization not affiliated with the City of White Plains.) The purpose of the SCAC is to enrich the lives of senior members of the community through supporting programs and activities for older citizens and creating a positive impact in their quality of life. Feel free to speak with any committee member with suggestions that you may have: Malcolm Baehr, Jean Brown, Matthew Coffey, Jean Cortalano, Sue Demarsico, Kathy Ferri, Lydia Garced, Jane Prout, Agnes Scheu, and Margaret Weaver. SCAC Thrifty Boutique Shop – Donate your unused items and help to support programs through item sales. Boutique is open Mon – Fri., 10am – 2:30pm.

NEW! Senior Citizens Advisory Committee Election Year! Are you interested in being a committee member?

Nominations for Senior Citizens Advisory Committee are open. If you are interested in running for a position please speak to a SCAC member. Elections will be in November at the Senior Center.

Senior Program Meeting - Open Meeting on upcoming senior programs and activities. Your feedback and suggestions are welcomed. Dates to be determine, 12:15 - 1:00pm

Cafeteria y Transportacion: - Delicioso y nutritivo almuerzo diariamente - 11:30 a.m. a 12 p.m. Contribución sugerida: \$3.00. Se ofrece transportación de ida y vuelta de su casa al Centro. Contribución sugerida: \$1.00 cada vía. Horario de buses: 9am, 1 y 2:30pm. Para almuerzo y transportación debe reservar con por lo menos 24 horas de anticipación. Llamar al 422-1423. Puede hacer reservaciones para toda la semana.

Transportacion para ir de compras - Jueves (1 hora para hacer compras) Jueves - Shop Rite o Stop & Shop- Ida y vuelta – Le recogen entre 9:15 – 10am en su casa. Miércoles - Para el Mercado al aire libre (Court Street)- El bus de las 9am le recogerá en su casa y le llevara al mercado. El bus le recogerá en el mercado para regresar al centro, no a su casa. Para transportación hacia su casa reserve el bus de la 1pm que sale del Centro.

NUEVO ! Ayuda de Impuestos de AARP - Transporte en Autobus - Miércoles - A partir de Febrero 2018, ayuda de impuestos de AARP estara localizada en la biblioteca de White Plains. El autobús le recogerá en la ruta de las 9 am y te dejara en la biblioteca. Usted debe de reservar con 48 hora de anticipacion para que lo puedan recoger. El autobús lo recogerá de la biblioteca a las 11:15 am y regresará al centro, no a su casa. Para un viaje a casa debe hacer una reservacion para el autobús de 1 pm que sale del centro

Classes and leisure activities are for adults, 60 years and older. All programs are held at the Recreation & Parks Community Center, 65 Mitchell Place. For more information call 422-1423.

Active Older Adult Programs AOA

CREATIVE ARTS

Fine Art Workshop

Explore and learn the fundamentals and techniques in creating art. Instructions will be provided on the following art forms; watercolor, colored pencils, pastel or collage. Students new to the class will choose an art form they would like to learn and purchase supplies needed. A supply list is provided at the time of registration. Continuing intermediate/advanced students should bring their own supplies.

Day/Time Monday, 10am–Noon
Course # **263110-A1** Begins September 25, 8 Sessions
No Sessions 10/9
Course # **263110-A2** Begins January 22, 6 Sessions
No Sessions 2/12, 2/19
Fee \$33-8 Sessions- Resident, \$60 Non-Resident
 \$27-6 Sessions-Resident, \$50 Non-Resident



Forever Young Singers

Explore part singing, harmonies and various vocal styles. There will be a performance at the end of the season.

Day/Time Tuesday, 10:15–11:30am
Course# **263110-C1** Begins September 26, 8 Sessions
No Sessions 11/7, 11/21
Course# **263110-C2** Begins January 23, 6 Sessions
Fee \$5 Resident, \$60 Non Residents
Note FY Singers Holiday Concert - Tuesday, December 12, 12:15-1pm
 White Plains Recreation and Parks Community Center

Knitting & Crochet for Everyone

Receive basic instruction to start knitting! Bring one skein of yarn and knitting needles.

Day/Time Thursday, 10am-noon
Course# **263110-K1** Begins October 19, 8 Sessions
No Class 11/23
Course# **263110-K2** Begins January 25, 6 Sessions
Fee \$5 Resident, \$60 Non-Resident



Memoir Writing Workshop

This class will help you communicate your experiences in writing, creating a clear and compelling prose.

Day/Time Tuesday, 10:30–11:45am
Course# **263110-F4** Begins September 26, 10 Sessions
No Sessions 11/7, 11/21
Winter classes to be announced
Fee \$5 Resident, \$55 Non Residents



Active Older Adult Programs AOA

Zentangle - Yoga for your Brain!

Zentangle is an easy-to-learn and fun way to create beautiful images by drawing structure patterns. It mirrors the symbols, designs and patterns of numerous cultures [Mayan, Maori, Celtic, and American Indian, for example] from ancient through present times. Like “doodling” it refrains from planning and allows lines and shapes to unintentionally emerge. With simple pen and paper you will create amazing designs while enjoying the benefits of relaxation, inspiration, and peaceful mindfulness. Supplies are provided.

Day/Time Tuesday, 10am–Noon
Course# 263110-ZZ Begins September 26, 8 Sessions
Fee \$33-8 Sessions- Resident, \$60 Non-Resident
\$27-6 Sessions- Resident, \$50 Non-Resident



HEALTH & FITNESS

Physical Activity Levels

Health & Fitness classes are defined by the minimum physical skills required to participate in the activity.

REMINDER: Consult your physician before participating in a fitness program. For comfort and ease of movement, dress warm up clothes and appropriate foot wear.

- Level 1:** movement done in a sitting position only
- Level 2:** movement done in a sitting position or standing position with support from a chair
- Level 3:** movement done in a standing position with or without the support of a chair
- Level 4:** movement done in a standing position without support of a chair, with high level skills in agility, balance and coordination, ability to get down and up from the floor.

Chair Yoga Video – Level 1

Step by step poses while sitting in your seat, with modifications provided for those who may have limitations.

Day/Time Monday, 12:30-1:30pm
CHECK YOUR RECEIPT FOR NO CLASS DATES
Fee Free, Registration Required

Fall Prevention Fitness – Level 2

Program is sponsored by Westchester County Department of Senior Programs and Services and Westchester Community College Mainstream. Stay strong and fit with exercises that will improve balance, cardiovascular endurance, and strength.

Day/Time Wednesday, 10:30–11:30am
Course# 263410-F2 Begins September 20, 14 Sessions
Fee Free, Registration Required

Flexible Fitness – Level 2

Continue your Wednesday exercise routine with exercises that will keep you flexible and feeling great!

Day/Time Wednesday, 10:30–11:30am
Course# 263410-FX Begins January 24, 6 Sessions
Fee \$27 Resident, \$50 Non-Resident



Gentle Chair Yoga – Level 2

Maintain overall body flexibility and endurance. Stress reduction and relaxation are a plus!

Day/Time Wednesday, 1- 2pm
Course# 263410-F5 Begins September 27, 8 Sessions
Course# 263410-W5 Begins January 24, 6 Sessions
Fee \$33-8 Sessions- Resident, \$60 Non-Resident
\$27-6 Sessions- Resident, \$50 Non-Resident

Active Older Adult Programs AOA

International Folk Dance – Level 4 **NEW**

Enjoy learning basic steps from different countries, Greece, Israel, Russia, Poland and more! Reap the mental and physical benefits of dance while having fun. You will feel transported to another country.

Day/Time Tuesday, 1-2pm
Course# **263410-FD** Begins September 26, 8 Sessions
No Sessions 10/31, 11/7, 11/21
Fee Resident \$33, Non-Resident \$60

Line Dancing – Level 4

Class will include some familiar standard and new dances.

Day/Time Thursday, 10–11am
Course# **263410-10** Begins September 28, 8 Sessions
Course# **263410-11** Begins January 25, 6 Sessions
Fee Resident \$5, Non-Resident \$60



Senior Strong – Level 3

This program is heart healthy and easy on the joints using low-impact weights, stretch bands and a ball.

Day/Time Monday, 10:30-11:30am
Course# **263410-S1** Begins October 2, 8 Sessions
No Session 10/9
Course# **263410-S2** Begins January 22, 6 Sessions
No Sessions, 2/12, 2/19
Fee \$33-8 Sessions- Resident, \$60 Non-Resident
 \$27-6 Sessions- Resident, \$50 Non-Resident



Sit & Get Fit – Level 1 *Exercise Video*

Get a great workout while sitting in your seat.

Day/Time Monday & Friday, 9:45–10:30am
Course# **263410-F3** Begins September 1, Ongoing
CHECK YOUR RECEIPT FOR NO CLASS DATES
Fee Free, Registration Required

Tai Chi Video–Level 3

Great for beginners!

Day/Time Thursday, 11am–12pm
Course# **263410-TV** Restarts September 7, Ongoing
CHECK YOUR RECEIPT FOR NO CLASS DATES
Fee Free, Registration Required



ZUMBA Toning–Level 4

Move to international music and get an exciting, effective workout. Routine features aerobic training with a combination of weights for toning and sculpting.

Day/Time Friday, 10:30–11:30am
Course# **263410-F9** Begins September 29, 8 Sessions
No Sessions 10/20, 11/10, 11/24
Course# **263410-W9** Begins January 26, 6 Sessions
Fee \$25-6 Sessions Residents, \$45 Non-Resident
 \$27-6 Sessions- Resident, \$50 Non-Resident



Active Older Adult Programs AOA

GAMES BINGO!

Day/Time Thursday, 1-2:30pm
Date Ongoing
Fee 25¢ a card



Westchester Wii Bowling League - White Plains Team

Learn how to do play this fun bowling video game and competing against other senior groups.

Day/Time Monday and Thursday
 10-11:30am & 12:30-2:30pm, Ongoing
Course # 265110-04 Restarts September 7
Fee Free, Registration Required

SPECIAL INTEREST

Broadway Theater Lovers Club

At the club meeting we will discuss current Broadway shows and vote on one to attend. If you are interested in joining this group, bring cash or a check to pay for the trip at the meeting time. For more information call 422-1423.



Dine Around Club

Join us on the last Tuesday of every month for dinner out in White Plains with friends. Restaurants will be determined monthly. Cost on your own. Please register at the front desk or call 422-1423.

Grupo Social Hispano

Unase a este grupo social y comparta las similitudes y diferencias de su cultura con otras personas de habla hispana.

Dia/Hora Miércoles, 12:30-2:30pm
Costo Gratis

WELLNESS SUPPORT-All support programs are free

Aging & Life Transitions

Join in this open discussion group where you will explore and share experiences related to the process of aging.

Day/Time Tuesday, 12:15-1pm
Date Oct. 3, 17, 31 Nov. 14, 28
 Dec. 12, 26, Jan. 9, 23, Feb. 6, 20,
 Mar. 6, 20
Fee Free

Lunch & Learn Presentations

Learn from professionals from Burke Rehabilitation Hospital, Family Services of Westchester, Legal Services of the Hudson Valley, NY Presbyterian Hospital, Shop Rite and more!

Day/Time Wednesday, 12-12:45pm

Oct 18-Expand Your Travel Possibilities

Nov 1-Joint Replacements

Dec 6 -Food Budgeting

Jan 17 -Travel Series - An Oriental Journey (Video)

Jan 24 -Eating Healthy

Feb 21 -Afternoon of comedy "I Love Lucy" (Video)

Mar. 7 -Celebrate National Nutrition Month with Nutritionist, Nella Caggiano



Medicare Minute

Once per month, volunteers in the Seniors Out Speaking on Medicare (SOS Medicare) program present a short lecture about an important health care topic and provide Medicare counseling.

Day/Time First Tuesday of the month, 12-12:30pm
 Oct. 3, Nov. 14, Dec. 5, Jan. 2, Feb. 6, Mar. 6

Active Older Adult Programs AOA

Nurse's Corner

Doctor's United of White Plains

Meet with the visiting nurse for blood pressure readings, stress screenings and questions about medications and diet.

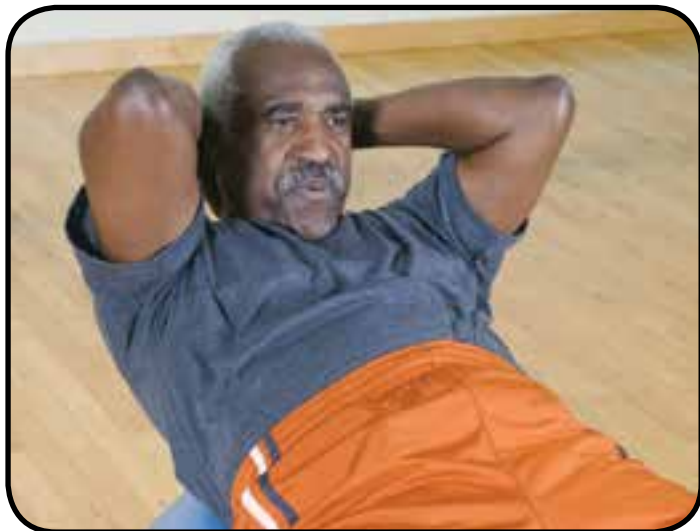
Day/Time Mondays, 12:15-1:15pm



White Plains Hospital Wellness Series

Once a month learn from top notch health professionals on how to stay healthy after the age of 50. Learn how to enhance your energy levels and improve your physical, cognitive and emotional health to live life to the fullest!

Day/Time	2nd Wednesday of the month, 12:15-1pm
Oct 11	What's New in Breast Cancer Research
Nov 8	Diabetes: Health Care Tips
Dec 13	Snack Smarter This Holiday
Jan 10	How to Beat the Winter Blues
Feb 14	Exercise and the Heart
Registration	Seating is limited. Please call Jaime at 681-1192 or Community Center at 422-1423 to register



SPECIAL EVENTS

50+ Lifelong Recreation Celebration - Turnure Park **NEW!**

"The Body Heals with Play - The Mind Heals with Laughter - The Spirit Heals with Joy"

The Lifelong Recreation Celebration program will focus on fitness, social engagement, education, arts, creativity and healthy lifestyles activities for resident adults 50 and older. Join us for a FREE day of activities in one of White Plain's premier parks. Throughout the day residents can participate in a variety of classes such as a Fitness Walk and Senior Strong Exercise, MAT Yoga, Line Dance, and a relaxing Zentangle Art Workshop. Enjoy a variety of games, beach volley ball, scavenger hunt, trivia, and Bocci demonstration. Discover the joy of Parks. Barbecue lunch and bus transportation are available for a minimal contribution.

Day/Time	Friday, September 8, 10am-3pm (rain date 9/13)
Location	Turnure Park, Canfield Avenue between Main Street and Lake Street
Fee	FREE Classes and activities \$3 suggested contribution for lunch \$2 suggested contribution for round trip transportation

Advance reservation is required for lunch and transportation. For more information or to make a reservation, call 422-1423.

Bingo Night

Join us for a pizza dinner and a fun game of bingo at the White Plains Community Center.

Day/Time	Wednesday, October 11, 5-7:30pm
Fee	\$4-1 slice of pizza, \$6-2 slices of pizza Meal comes with salad, soda and dessert Transportation will be provided to and from your home, Register at the Community Center



Active Older Adult Programs AOA

Birthday Lunch Celebrations

Join us for lunch and entertainment as we celebrate our member's birthdays. Birthdays receive lunch on the house.

Day/Time	Friday, 11:30am-1pm November 17, Fall Birthdays (October- December) January 19, Winter Birthdays (January-March)
Fee	\$3.00 Suggested contribution, Please pay that day



Breast Cancer Bake Sale

Join us for this important cause. Donations and baked goods are needed. All proceeds benefit the American Cancer Society. Please call Ellen Albers for more information at 422-1423.

Day/Time	Friday, October 6, 10am-4pm
Location	City Center (inside), outside Barnes & Nobles Main Street

Winter Concert with Country Mist

Have a delicious lunch at the senior center and then put on your dancing shoes, as we party through the afternoon with this musical performance. Dessert will be provided.

Day/Time	Tuesday, February 6, 2018, 12:30-2:30pm
Location	White Plains Community Center
Fee	\$3.00 suggested contribution for lunch Transportation will be provided home, Register at the Community Center

Intergenerational Valentine's Day Dinner Dance

Enjoy a fun evening of dancing and a delicious buffet dinner. Program co-sponsored with the White Plains Youth Bureau.

Day/Time	Tuesday, February 13, 5-8pm
Fee	FREE
Bus Pick Up	Senior Bus is available to and from your home

Loyal Order of Moose Spaghetti Luncheon

Enjoy a delicious, homemade spaghetti lunch and social afternoon with friends. Luncheon is sponsored by the Loyal Order of Moose of West Harrison.

Date/Time	Saturday, October 14, 12-2pm
Fee	\$5 suggested contribution
Bus Pick Up	Drive on your own or Senior bus transportation



Movie and Popcorn Day

Join us on Fridays at 12:30pm for a movie and some roasted popcorn. No registration necessary! If you have any movie suggestions, Let us know.

Special Theme Luncheons

Join us for a delicious theme luncheon with live entertainment and raffles. You must register prior to all events. No refunds. Pay upon registration.

Oktoberfest	Fri., October 20, 11:30am-1:30pm (Pre-registration required)
Halloween Costume Party	Tues., October 31, 11:30am-1:30pm (Pre-registration required)
Veteran's Luncheon	Thurs., Nov. 9, 11:30am-1pm (Pay that day)
Thanksgiving	Tues, Nov. 21, 11:30-1:30pm (Pre-registration required)
Holiday Luncheon	Fri., Dec. 15, 11:30am-1:30pm (Pre-registration required)
New Year's Luncheon	Fri., December 29, 11:30am-1pm (Pay that day)
St. Patrick's Day Luncheon	Thurs. Mar. 15, 11:30am-1:30pm (Pre-registration required)
Fee	\$3.00 suggested contribution, No refunds

Active Older Adult Programs AOA

DAY TRIP ACTIVITY CODE

REMINDER: Your safety and comfort are important to us. Trips require boarding buses, sometimes lengthy walking, climbing steps and standing. Some trips are not suitable for those with ambulatory limitations. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Please note the activity level descriptions below to determine if a trip is appropriate for you. If you have any questions please contact our office to determine if the trip you are interested is suitable for you.

- Level 1** Little or no walking; few or no stairs (i.e. Bus drops you off close to the event).
- Level 2** Moderate walking, with places to rest.
- Level 3** Substantial amount of walking with or without places to rest.
- Level 4** Lots of walking, with standing for long periods of time.

DAY TRIPS

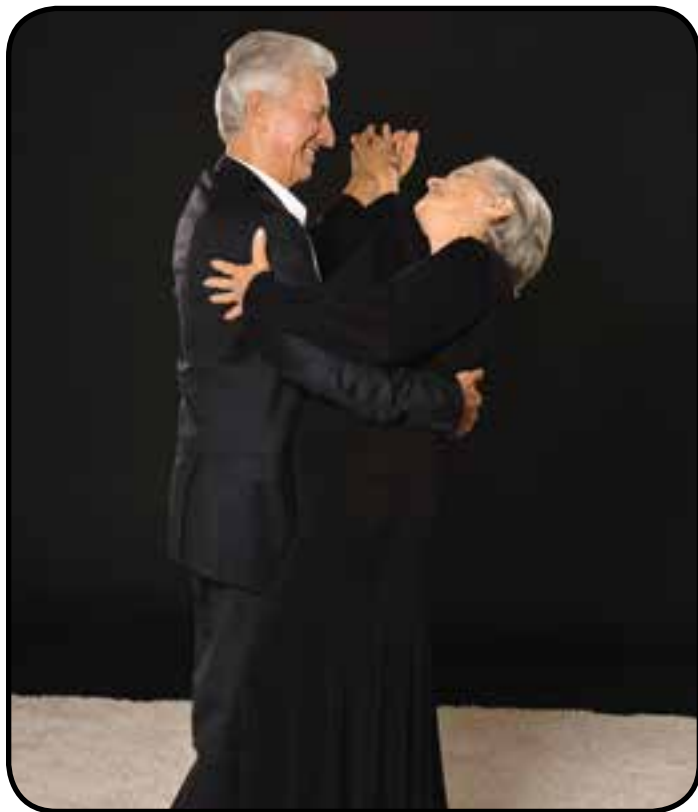
Golden Harvest Dance & Talent Show/ County Center/White Plains **Level 2**

Celebrate Fall with a fun-filled day of music, lunch and talent show.

Day/Time Wednesday, October 4 10:00am-2:30pm

Fee \$4-Lunch
ransportation will be provided to and from your home

Registration Deadline: September 27



Westchester Broadway Theater - Annie Get Your Gun/Elmsford **Level 1**

Set in the wild west, this story depicts the life of great sharpshooter Annie Oakley, who rose to fame while dealing with her love and professional rival, Frank Butler. Romantic sparks fly as they sing some memorable hits, "There's No Business Like Show Business" and "Doin' What Comes Natur'ly"

Day/Time Thursday, November 2, 10:45am-4pm

Course# 263310AN

Fee \$60 (all inclusive)

Bus Pick Up Delfino Park 10:45am, Senior Center 11am (Senior Center bus)

Registration Deadline: October 2



Yonkers Raceway Day Trip/ 2 dates **Level 2**

Day/Time Wednesday, 10am - 4:30pm

Course# 263310-R1 November 29, 2017

Course# 263310-R2 March 21, 2018

Fee \$10 (transportation fee) Senior Center bus

Bus Pick Up Delfino Park 10am, Senior Center 10:15am

Registration Deadline: November 22 and March 14



"Where to Go, What to Do, Way of Life!"

Active Older Adult Programs AOA

Holiday Dinner Outing

Level 1

Date/Time Tuesday, December 5, 2017, 5:00-7:00pm
Fee Restaurant and price to be determined



Westchester Broadway Theater - The Christmas Voyager

Level 1

The splendor of Christmas is brought to life with this delightful holiday musical, as you take a magical journey through Yuletides past. The holiday songs we know and love are wrapped up in a heartwarming celebration of the night of December 24th, when 3 brilliant stars came together and changed the course of history.

Date/Time Thursday, December 14, 10:45am-4pm
Course# 263310-CV
Fee \$60 (all Inclusive)
Bus Pick up Delfino Park 10:45am, Senior Center 11am)
Registration Deadline: November 14



Movie Lovers Club

This new club will be starting in February. If you are interested in seeing theater movies with a group, please call Ellen Albers, 422-1423 to have your name added to our list. The first movie trip will be to the new upscale movie theater in Dobbs Ferry. This eight-screen theater combines a luxurious film-watching experience with food and drinks. You can choose to either have food delivered to your seat or bring the food in yourself from the service counter, depending on which ticket you have purchased.

Date Wednesday, February 28, 2018.
Time Time and movie to be announced.



Ace in the Hole - Doo Wop Days Vegas Nights/ Hackensack NJ

Level 1

Lead singer of the Duprees, Johnny Petillo will sing some of his famous hits, "At the Hop", "Rock and Roll is Here to Stay", and "You belong to Me". His doo wop style and show-stopping appeal will have you dancing in your seats. Price includes mini-coach bus, a delicious family-style lunch and 2 complimentary drinks.

Date/Time Friday, March 9, 9:15-5pm
Course# 263310-DW
Fee \$80 (all Inclusive)
Bus Pick up 9:15am Delfino Park, 9:30am Community Center
Registration Deadline: January 9



Active Older Adult Programs AOA

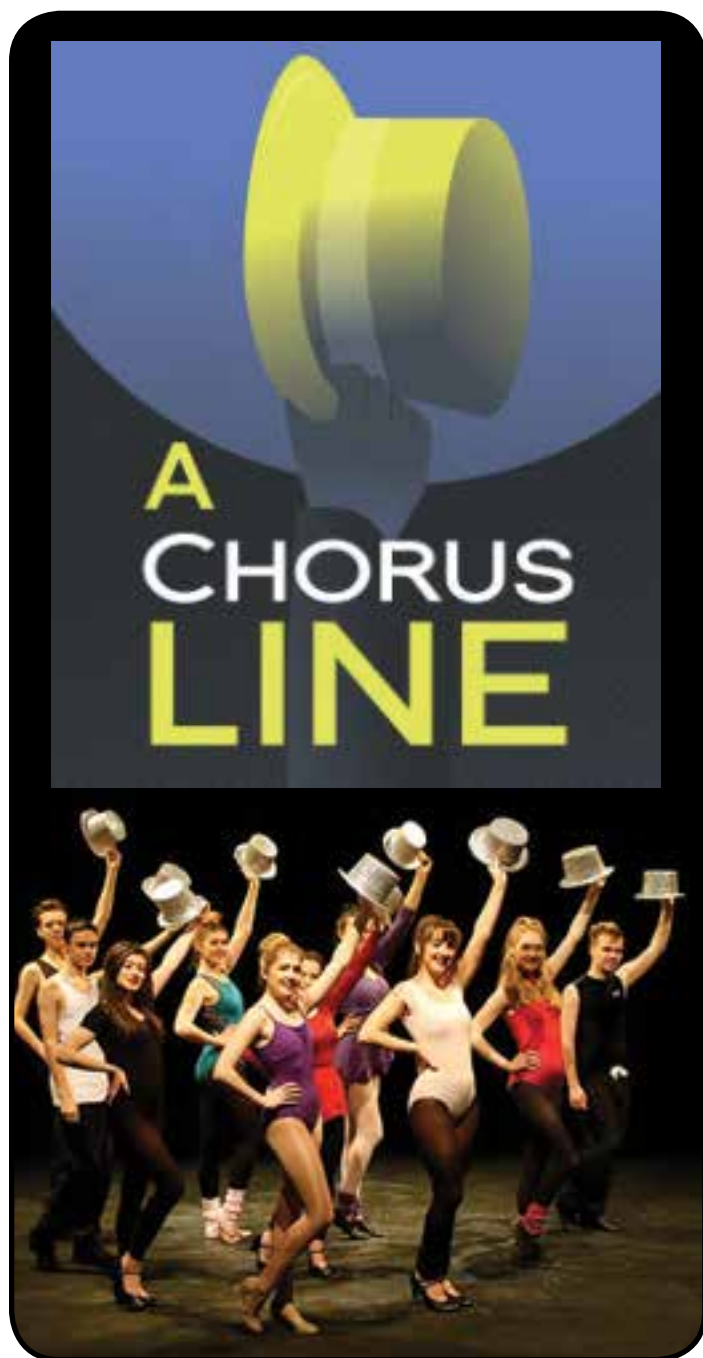
"Chorus Line" Westchester Broadway

Theater/Elmsford

Level 1

A brilliant show with its fusion of dance, song, and drama is a celebration and true-to-life depiction of performers and their struggles to achieve greatness on the Broadway stage.

Date/Time Thursday, March 29, 2018 10:45am-4pm
Course# 263310-CL
Fee \$60 (all inclusive) Senior Center bus
Bus Pick up 10:45am Delfino Park, 11:00am Senior Center
Registration Deadline: February 28



UPPER CLASS TRIPS

All checks payable to the Upper Class. Cancellation Insurance available for an additional 10% based on the trip cost. There are no refunds.

Weekend in the Poconos - Fall Festival, Vintage Train Ride, Oktoberfest

Level 1

Take to the soaring, colorful mountains during a vintage train ride through Lehigh Gorge Scenic Railway. Afterwards, add a little fest to your October at the annual Bethlehem Oktoberfest with polka music, glass blowing, and shopping at the Kunstler Market. Finish off the day with Dachshund races in Bethlehem.

Date/Time October 7-8, 2017
Location/Time Depart 7:00am Mamaroneck, Return 6:45pm
Fee \$359 Double, \$429 Single \$339 Triple
Registration Deadline: August 7

Hudson River Fall Foliage Cruise & Vintage Trolley Ride

Level 3

Cruise the historic Hudson River aboard the decks of the Rip Van Winkle yacht with your experienced guide. Glide past 1800's lighthouses and famous mansions. Enjoy a three-course lunch at Savona's Trattoria where you will be reminded of mom's cooking. Later in the afternoon take a turn-of-the-century trolley ride at Kingston Trolley Museum which rides along the historic Kingston waterfront to Point Park on the Hudson River.

Date/Time Friday, October 13, 2017
Location/Time Modell's Tarrytown Road, Bus departs 10:15am, returns 7:15pm
Fee \$139
Registration Deadline: September 13



Active Older Adult Programs AOA

GHOST of a Mansion

Level 3

Be welcomed into the Clermont Mansion by a "Livingston family servant" of the 1920's and enjoy a guided tour of this 250-year old mansion. Various "ghosts" appear as you walk through the home, all elegantly costumed, from each era of the home's history. Finish the day with lunch at the Beekman Arms Tavern, dating back to 1766 and famous for colonial charm and a delicious menu.

Day Thursday, October 26, 2017

Location/Time Modell's Tarrytown Road, Bus departs 9:00am, returns 6:45pm

Fee \$115

Registration Deadline:: September 26



United Nations and Gracie Mansion/Lunch at the Delegate's Dining Room

Level 4

Travel the globe at the world headquarters of the United Nations with a tour guide and learn about the UN's mission dedicated to world peace. Visit the General Assembly Hall, Security Council Chamber and much more. Dine alongside ambassadors, delegates and international dignitaries at the UN's Delegate Dining Room. This afternoon, see the special, newly opened exhibit featuring artifacts of the city and learn about important moments in mayoral history and why this mansion is called "The People's House"

Day/Time Tuesday, November 14, 2017

Location/Time Modell's Tarrytown Road, Bus departs 8:00am, returns 5:45pm

Fee \$149

Registration Deadline: October 14

A Smithville Holiday

Level 4

Start your day with the brunch buffet at the historic Smithville Inn featuring omelets, fresh fruits, desserts, meats and so much more. Afterwards, shop for the perfect holiday gift as you stroll through the streets of this quaint village, with its sparkling holiday lights and décor. Visit the charming boutiques, restaurants, gift shops, galleries, and bakery. Your grand finale is the Light Show on the lake where over 120 Christmas Trees made of Christmas lights magically float on the lake.

Day Saturday, December 9, 2017

Location/Time Modell's Tarrytown Road, Bus departs 9:00am, returns 9:30pm

Fee \$119

Registration Deadline: November 9



Special Events

Farmers Market

Fresh food, fruits, vegetables and plants are on sale to the public.

Day/Time Wednesdays, September-November 22, 8am-4pm
Location Court St. between Main St. & Martine Ave.

Dog Days of Summer

Come join us for our "Dog Swim" at Kittrell Pool

Age Group Dogs 1 year & older with adult owners
Day/Time Thursday, September 7, 5-7:30pm
Location Kittrell Pool Fisher Ave
Fee Free to White Plains Dogs



A Day of Remembrance

This event pays homage to all who lost their lives. Flag raising, wreath laying and liturgical ceremony.

The City of White Plains will co-sponsor our annual American Red Cross Blood Drive on this day from 10:30am till 3:30pm @ City Hall 255 Main Street.

Day/Time: Monday, September 11, 8am
Location: Liberty Park.



Halloween Window Painting

White Plains Scout Troops are invited to paint the town. We also welcome store owners to contribute their windows for decorating. **If you are interested in participating in this program, scout troops must register by September 15. Call 422-1255 to register.**

Howl-o-Ween Costume Party

Dress your dog in costume and meet us at the Bark Park for an afternoon of fun. Prizes awarded in several categories for best costume.

Day/Time Saturday, October 28, 11:30am
Location Main St.
Fee Free

Frightfully Fun Festival & Parade

Downtown White Plains is transformed into a Halloween Festival for school age children and their families. Activities includes: pumpkin patch corn maze, crafts, scary tattoos, storytelling, DJ and magic show. Everyone is invited to showcase their costumes in our parade. Prizes awarded for numerous age groups and categories. Treat bags for all children.

Please Note: While most activities are free, there may be a minimal charge for some venues.

Age Group Families, pre-schoolers, elementary age children
Day/Time Sunday, October 29, 12pm – 4pm
Location Court St. between Main St. & Martine Ave



Veteran's Day

White Plains will commemorate Veteran's Day on Saturday, November 11th with its annual ceremony sponsored by the Mayor's Memorial and Veteran's Day Board. We will gather at the White Plains Rural Cemetery at 10:30am

For additional information call 422-1339.

Special Events

Free Outdoor Movie Screening - Cinema on Court St.

This Autumn, pack some snacks, grab a blanket, and come on down to enjoy a free showing of a

The Original Batman Movie with your friends, family and neighbors, Saturday, September 9. **Costume Showcase 7:15pm, Movie 8pm Raffle Prizes for those in costume. Pre Movie Entertainment @ 6:30pm**

WinterFest Holiday Market December 16-23

Get into the spirit of the holidays at our expanded WinterFest! Come enjoy Old World charm and the sights, smells, sounds and tastes of the season. Shop for artisan foods and crafts and find just the right holiday gift; stay and enjoy musical and dance performances from area schools and studios. Meet up with friends and make memories at our multiday event on Court Street between Main Street and Martine Avenue

City Lights, Bright Holiday Nights-Tree Lighting

Celebrate the sights and sounds of the season as the Mayor lights the City's holiday tree. Carolers, music, refreshments and visits with Santa will follow.

Day/Time Sunday, December 3, 4-6pm
Snow Date: Tuesday, December 5
Location Tibbits Park

JAZZ FEST 2017-September 13-17

Summer sizzles with five day celebration of jazz in downtown White Plains, culminating with the outdoor White Plains Jazz and food Festival on Sunday, 9/17. More info, www.artsw.org/jazzfest.

Day/Time Tuesday, Sept. 13 –
Sunday, Sept. 17

Location Mamaroneck Ave.
between Main St./
Martine Ave.

Fee Free



For concert details and ticket information, visit:

www.artsw.org/jazzfest

ARTSW
COURT STREET

New Year's Eve Family Spectacular

Live Music, Ball Drop, Countdown

Day/Time Sunday, December 31, 10pm-12:30am
Location Main St & Court St



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to the

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Monthly E-Newsletter

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Delivered right to your Inbox!

VISIT: cityofwhiteplains.com and click "Notify Me"

Thank You – Sponsors/Contributors

The following businesses and organizations contribute time, talent, resources and funds to enhance many of our Events and Programs. We are very appreciative of their involvement in Recreation and Parks.

All New York Title Agency	ArtsWestchester
Burke Rehabilitation	Backyard Sports
MVP Basketball Camp	Famous Famiglia Pizza
Orthodontic Specialist of White Plains	New York Presbyterian/ Westchester Division
Petagine's Auto Body	Peckham Industries
Stop & Shop	Rotary Club of White Plains
The Old Guard of White Plains	Teaches Hoops
White Plains BID	Webster Bank
White Plains Library Foundation	White Plains Hospital
White Plains YMCA	White Plains Public Schools
YWCA of White Plains	Whole Foods Market
People's United Bank	Orange Theory Fitness
RJT Motorists Services	The North Face
Riemann Auto Body Shop, Inc.	Emma's Ale House
McCants Cheese Cakes	Trader Joes
Crunch Fitness	Blink Fitness
Sundance Kitchen	Lifetime Fitness
	Westchester Road Runners

Community Partners



ARTSWESTCHESTER, THE CITY OF WHITE PLAINS & THE WHITE PLAINS BID PRESENT

JAZZFEST

WHITE PLAINS • SEPT. 13-17, 2017

FEATURED ARTISTS:

Ray Blue Quintet • Paquito D'Rivera Quintet
Donald Harrison • Kenny Lee All Stars
Pablo Mayor Sextet • Sage

#WPJazzFest artsw.org/jazzfest

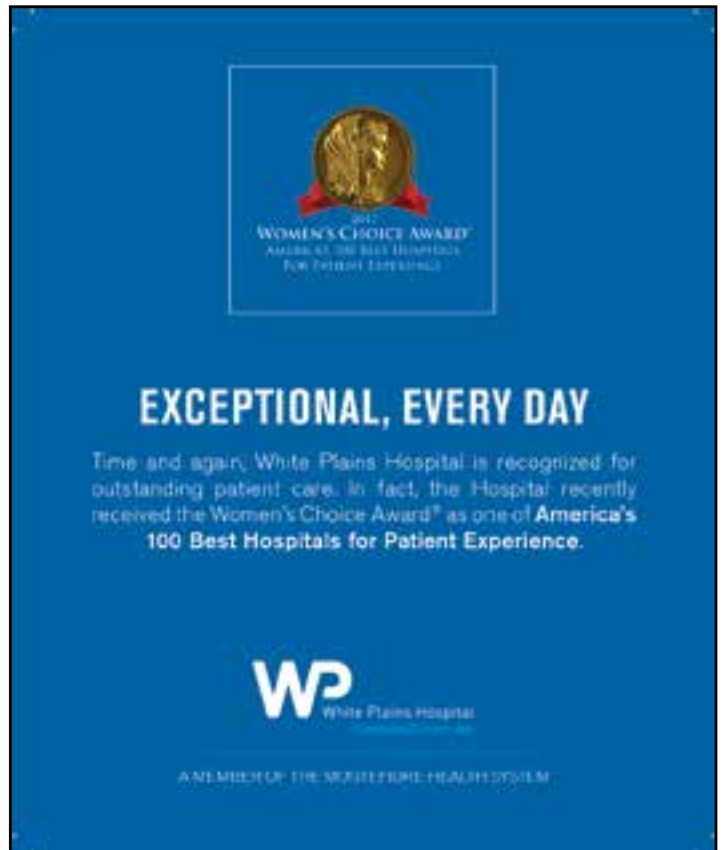
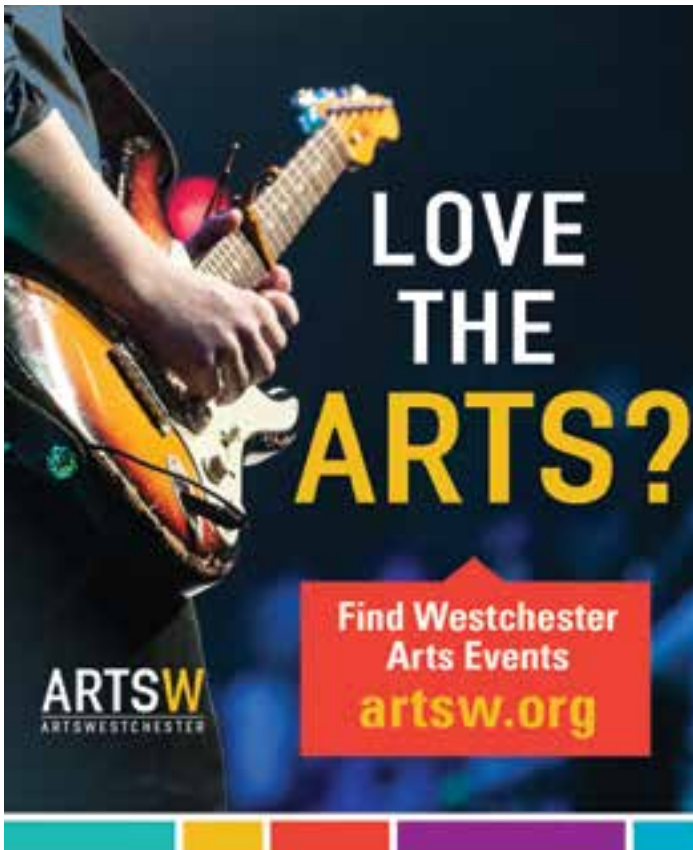
Sponsors

★ macy's WP White Plains Hospital
Journal News mta group NEWS12 WESTCHESTER NEW YORK Council on the Arts

We Have Seasons Full of Recreational Opportunities



Community Partners



Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

SPECIAL ANNOUNCEMENTS!

- Wellness Week Kickoff, **September 16th**
- Dads Take Your Child to School Day **September 19th**
- Red Ribbon Month Kick Off, **October 23rd**
- White Plains Reads Book Fair, **December 2nd**
- Annual Dance Benefit, White Plains Performing Arts Center, **February 24th**



School Based Programs

After School Connection

This program provides quality after school child care from school dismissal until 6 pm at all five elementary schools, the Eastview School (6th grade), Highlands Middle School (7th and 8th grades), the DeKalb Learning Center and the Thomas H. Slater Center.

Age Group: Kindergarten – 8th grade
Date/Time: Monday – Friday, School year
Contact: Byron Smalls, 914-422-1378, x6720
bsmall@whiteplainsny.gov

Fee: \$85 per week until 6 pm; billed monthly
 Extended day until 6:30 pm available at an additional \$40 per month
 Income based scholarships are available.



S.T.E.A.M. Vacation Camp

Do you need a safe place for your child during the break? If so, we have just what you need. Our vacation camp is open to all children in grades K through 8. The curriculum includes STEAM (science, technology, engineering, art & math) learning as well as recreational activities, and generally includes a STEAM-themed day trip.

Age Group: Kindergarten – 8th grade
Location: To be announced
Date/Time: **Winter:** February 16 - 19, 2018
Spring: March 21 - 24, 2018
Contact: Byron Smalls, 914-422-1378, x6720
bsmall@whiteplainsny.gov
Fee: Winter \$199, Spring \$248

Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Enrichment & Personal Growth Activities

The Babysitters Training Program

Young people can register for the 6 hour course to learn leadership, safety, basic care and enhance their skills to start their own babysitting business. Applications can be obtained online at www.whiteplainsteens.com

Age Group: 14 and up
Location: White Plains Community Center
Dates: October 21, 2017; Dec 27th & Feb 21st:
please call for schedule
Time: 9:30am – 4:00pm
Contact: Janet Spencer, 914-422-2617

Empower You University

High School students and young adults participate in a research study to increase their knowledge and understanding of Employment and College Planning, Healthy Relationship Building and Leadership Skills. The program provides students an opportunity to grow in a fun filled, supportive environment led by a certified teacher.

Age Group: 14-18 years of age
Location: WP Community Center, 65 Mitchell Place
Day/Time: Fall/Spring/Summer
Contact: Collette Howard, 914-308-3703
choward@nepperhance.com

Girl Scouts Junior Cadette

Girls in grades 6-9 are welcome to join the Junior / Cadette Troop. Activities include journaling, arts and craft projects, community service, selling Girl Scout cookies and field trips.

Age Group: Girls ages 11 and up
Location: White Plains Community Center
Day/Time: TBD
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

Growing White Plains

The Growing White Plains program operates two community gardens, one at NY Presbyterian Hospital and one in partnership with Bethel Baptist Church at the corner of Prospect St. and Sterling Ave., as well as a small greenhouse in Delfino Park. The food we grow (using

organic methods) goes to feed people in White Plains in need. This is a volunteer effort and the gardens belong to the citizens of White Plains.

Age Group: Kindergarten – Adult
Location: Various
Requirements: White Plains Residents
Contact: Martin Rudow: 914-422-1378, x6717
mrudow@whiteplainsny.gov

Healthy & Fit For Life

Youth have access to a fully equipped fitness facility and highly qualified coaches. Fitness activities include Boxing, Personal Training and Karate.

Age Group: 6 – 21 years of age
Location: Youth Bureau
Day/Time: Monday - Friday, 3:00 - 8:00pm; Saturdays, 1:00 - 8pm: School Year
Contact: Bhavana Pahwa, 914-422-1378, x6715
bpahwa@whiteplainsny.gov

Job Bank

Calling all youth looking for a job! The local business community calls on us to help fill their jobs. Open positions are posted on our website at www.whiteplainsteens.com/current-job-listings.html

Age Group: 14 and up
Location: White Plains High School, H Cafeteria
Day/Time: Monday – Friday 9:00am -12:30pm,
Contact: Janet Spencer, 914-422-2617

For local business owners or community members who are looking to hire youth to perform odd jobs, fill office & clerical positions, computer trouble shooting, tutoring and more. Contact Janet Spencer at 422-1378 ext. 6721 or email Janet @ jmispencer@whiteplainsny.gov to post a job with YES.

Junior Counselor Training Program

This is a first time, paid job experience for those who love children. Participants work in local After School Centers as Teachers- Aides Monday-Thursday and develop work related skills on Fridays.

Age Group: 14 and up
Location: White Plains Community Center
Dates: Session 1: October 27th – December 22nd
Time: 3:00 – 5:00pm
Contact: Janet Spencer, 914-422-2617
jmispencer@whiteplainsny.gov

Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Mayor's Youth Council

The White Plains Mayor's Youth Council is looking for high school students to become a part of this distinguished group of young leaders in the community. Students have the opportunity to enhance their leadership skills, perform various community service projects around the city throughout the year and meet with the Mayor on a quarterly basis to act as ambassadors for youth ideas and concerns in the city.

Age Group: 9th – 12th grade
Day/Time: Wednesdays, Bi-Weekly, 7:00 – 8:00pm;
School Year
Requirements: White Plains Residents
Contact: Catherine Backes, 914-422-1378, x6705
cbackes@whiteplainsny.gov

Mentor Program

Do you have an hour or two a week and want to make a difference in a young person's life? The City of White Plains Youth Bureau wants you to be a Mentor. A Mentor is a grown up friend who can help a child become a young adult who is prepared for a successful future. They are one of the people in a child's life who is there to listen to them and maybe even expand their world and experiences. Mentors also benefit from the program by watching a young person grow and seeing how much fun young people can be when you don't have the stress of being their parent.

Age Group: Adults
Requirements: Background checks
Contact: Sheila Foley, 914-422-1378, x6709
sfoley@whiteplainsny.gov

Public Speaking (Toastmasters)

Conquer your fears of public speaking while strengthening your leadership skills! Join, United We Stand Toastmasters.

Location: White Plains Community Center
Day/Time: First session begins September 19, 2017
Wednesdays: 6:15pm – 7:15pm
(Youth ages 11-18)
Wednesdays: 7:20pm - 8:15pm (Adults)
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

Recreation & Cultural Activities

Out of school time for the Youth Bureau's Neighborhood Services means recreational and cultural activities; ranging from basketball, tag football, Hip Hop Dance, drumming and a youth chorus to field trips, movies and museums. Neighborhood Services operates three teen lounges.

Age Group: 12 – 21 years of age
Day/Time: Monday - Friday, 3:00 - 8pm;
Saturday, 1:00 - 8:00pm; School Year
Requirements: White Plains Residents
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

STEP UP! Youth Development Program

The Step Up! Program is a youth development program for young men in White Plains. With a goal of increasing their opportunities for success, Step Up! helps young men build community relationships while improving their skills and knowledge.

Age Group: Males 14 – 21 years of age
Date/Time: Weekly, September - June
Requirements: White Plains Residents
Contact: Larry Armstrong, 914-422-1378, x6725
larmstrong@whiteplainsny.gov

Teen Lounges at Battle Hill and Eastview

After school and on weekends middle school and high school youth can check out the Teen Lounges at Eastview, and Battle Hill. Youth can drop in and meet their friends or make new ones, hold discussions about current events, develop leadership skills by planning an activity, play video and board games, get help with homework, or just relax.

Age Group: Middle and High School
Location: Battle Hill, or Youth Bureau
Date/Time: School Year; Varies by site
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov



Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

TEENS ON THE GO

A program designed to take teens to places they normally wouldn't go on their own. Experience the riches of living in New York State – join us as we take trips to Liberty Park for paintball or a trip up the Hudson or maybe a special screening of a film at the Jacob Burns Film Center. We'll take at least one trip a month; some will be free and others will have a nominal cost.

Age Group: Middle and High School
Day/Time: School Year
Location: Youth Bureau, 11 Amherst Place
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov



White Plains READS! Book Fair

Help spread literacy among the underserved in White Plains and get a head start on your Holiday shopping at this Book Fair. Lots of fun activities planned for kids of all ages! Part of the proceeds benefit White Plains READS! Literacy program

Age Group: All ages
Location: Barnes & Noble Book Store, White Plains NY
Dates: Saturday, December 2nd, 1:00 – 4:00pm
Contact: Bhavana Pahwa, 914-422-1378, x6715
bpahwa@whiteplainsny.gov or
whiteplainscares@gmail.com



Youth on Stage

Performing Arts Program

Class enrollment begins in September. All interested participants should plan to attend the placement workshop on Saturday, September 10th at 10:30am at the White Plains Community Center.

Age Group: All ages unless specified in class description.
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

African-Caribbean Dance:

Location: White Plains Community Center
Day/Time: Saturdays: 1:30pm - 2:30pm (Beginners)
 Saturdays: 2:30pm - 3:30pm (Mixed: Youth & Adult)
 Wednesdays: 5:15pm - 6:15pm and Saturdays:
 3:30pm - 4:30pm (Advanced)

African Drumming:

Location: White Plains Community Center
Day/Time: Saturdays: 11:30pm - 12:30pm (Beginners)
 Saturdays: 3:30pm - 3:30pm (Advanced)

Evolution: Hip-Hop, Jazz and Modern for dancers with little experience

Location: White Plains Community Center
Day/Time: Mondays: 6:45pm - 7:45pm

Fusion: Specialized class for advanced/high school aged students – Dancers with some experience who want to expand their repertoire should sign up for the Fusion II dance class.

Location: White Plains Community Center
Day/Time: Saturdays: 11:30am – 12:30pm

Hip Hop: Classic Hip Hop class for dancers with experience. Offered in partnership with the Steffi Nossen Dance Company.

Location: Westchester Conservatory
Day/Time: Mondays: 7:00pm - 8pm

Movement: Basic class for young, inexperienced dancers.

Location: White Plains Community Center
Day/Time: Saturdays: 10:30am - 11:30am

Unless otherwise noted, activities are available to White Plains Residents Only

WPETC

WHITE PLAINS Education Training CENTER



THE KEY TO UNLOCKING YOUR FUTURE

The White Plains Education & Training Center (WPETC) offers training and workforce development. Register today!

Training in four core industries of:



CULINARY
& HOSPITALITY



MEDICAL
& HEALTH CARE



TECHNOLOGY



ENTREPRENEURSHIP

Skill Building Workshops such as:

Workforce Preparation: Training & Coaching
Employment Search Skills: Networking, Interviewing, LinkedIn
Financial Success & Budgeting Workshops
English as a Second Language for the Workplace
First Time Homebuyers
Fair Housing

E-Learning Library Computer skills enrichment in five major areas: The Basics, Productivity/Career Enhancement, Programming, Web Development, and Graphic Design.

Stop in for a visit and tour to see how the WPETC can work for you! Open Mon-Fri 9 am - 8 pm.

Additional features include:

Career Navigator: Come in and meet with staff to find out more about opportunities for you!



Career Closet featuring free, new or gently used business clothing

Café open for continental breakfast 8 am - 10:30 am, Monday - Friday

Free Tax Preparation from AARP Foundation



SOUTHERN WESTCHESTER BOCES
BOARD OF COOPERATIVE EDUCATIONAL SERVICES



Funders: City of White Plains, JPMorgan Chase & Co., Westchester Community Foundation, Workforce Development Institute, and U.S. Dept. of Housing and Urban Development

White Plains Education & Training Center
303 Quarropas Street · White Plains, NY 10601 · 914-422-8200 · www.cityofwhiteplains.com/WPETC



White Plains Performing Arts Center



**white plains
performing
arts center**

11 city place, white plains, ny 10601 | 914.328.1600 | wppac.com

LIVE ON STAGE

Mainstage Productions
New York Regional Premieres



GHOST
THE MUSICAL

Based on the Paramount Pictures film
October 13 - 29



**THE HUNCHBACK
OF NOTRE DAME**

A NEW MUSICAL
INSPIRED BY THE FAMOUS FILM
AND SONGS FROM THE 1996 FILM

Based on the Disney film
December 22 - January 14

Tickets start at \$33 Student & Group Rates Available - Contact the Box Office

Special Events



**Paquito D'Rivera
Quintet**

Saturday, September 16
8:00 pm
Tickets start at \$24



**Girls Night
The Musical**

Friday, November 17
8:00 pm
Tickets start at \$27



**THE LANGSTON
HUGHES PROJECT**

Saturday, November 18
8:00 pm
Tickets start at \$27

Family Shows



story pirates

Saturday, September 23 - 2:00 pm
tickets \$23 adults; \$19 12 & younger



**THE REAL WICKED WITCHES of
HALLOWEEN HILLS**

Saturday, October 28 - 12:00 pm & 2:00 pm
tickets \$21 adults; \$16 12 & younger



**MOON MOUSE
A TRACT OF YTETY**

Sunday, March 4 - 2:00 pm
tickets \$25 adults; \$20 12 & younger

Theatre is located on 3rd Floor of City Center, downtown White Plains






All programming, shows, schedules and ticket prices are subject to change.

White Plains Public Library



WHITE
PLAINS
PUBLIC
LIBRARY

Welcome to the White Plains Public Library

The White Plains Public Library has something for everyone. From the Trove, our unique children's library, to the Edge, our technology-rich teen library, to the Hub, our new place for adults, you're bound to find something to enrich your life.

Fall, 2017 will be an exciting time at the Library as we complete the renovations of the first floor and open the Hub, our new library for adults. In addition to the new study space that opened early in the year, you'll find renovated classrooms, a new home for the White Plains Collection, a flexible Community Room perfect for a range of programming, enhanced technology—both hardware and software—and our new Café, integrated with the Friends Bookstore. Check-in at one of our service desks and we'll be happy to give you a tour. Then relax with a cup of coffee and the morning's paper.



For Teens

The Edge is the Library's welcoming space for students in grades 7-12 where teens can be themselves. More information about The Edge can be found at <http://edge.whiteplainslibrary.org>.

THE EDGE

Each afternoon, Monday-Friday, The Edge features a different themed activity:

Movie Monday: Must-see movies

Tabletop Game Tuesday: Bring your friends and learn to play a new game

Which Craft Wednesday: Arts and crafts, including sewing, jewelry, paper crafts, paints & knitting

Tech Thursday: Coding, 3D printing, video editing, robotics, animation, virtual reality, and more

Faction Friday: Meetings for various interest groups, such as comic books or volunteerism

Library Hours

Monday-Thursday..... 10 a.m. - 9 p.m.
Friday..... 10 a.m. - 6 p.m.
Saturday (Sept-June)..... 10 a.m. - 5 p.m.
Saturday (July-Aug)..... 1 p.m. - 5 p.m.
Sunday..... 1 p.m. - 5 p.m.

Phone Numbers

Adult Reference..... 422-1480
The Trove (Children's Services)..... 422-1476
The Edge (Teen Services)..... 422-1481
Checkout / Library Cards..... 422-1490
Renewals by Phone..... 674-4169

Find us on these social networking sites:



facebook.com/WhitePlainsPublicLibrary



twitter.com/WhitePlainsLib



[whiteplainslibrary](https://www.instagram.com/whiteplainslibrary)

Visit our website:

whiteplainslibrary.org

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

As a White Plains resident, you are eligible to receive a White Plains Public Library Card. Please stop by the Circulation Desk for details, or call 422-1490. We are a member of Westchester Library System, and your White Plains card is honored at all Westchester public libraries and at the Westchester Community College library.

White Plains Public Library



The Trove is the place to be for books, movies, and other materials for children and families through grade 6, along with tons of great programs and events! There are activities regularly scheduled in the Trove after school and on weekends, including a wide variety of STEM-related programs such as 3D printing, learning coding and robotics, and video game design. Other popular programs include story times, LEGO Club, Read to a Dog, art workshops, and cultural celebrations. More information at <http://trove.whiteplainslibrary.org>.

For Children

Homework Help and Computers

Online tutoring for grades 4-12 is available from Tutor.com through the Library's website at <http://whiteplainslibrary.org/tutor-com-info>. The Trove also offers free after school homework assistance through the Teacher in the Library program for grades 1-6. In addition, the Library has many resources in print and online to help you with research and homework assignments. The CyberPool is a fully-featured computer lab with access to the internet and Microsoft Office software where kids can do homework, complete assignments, connect to their school websites, and have fun.

Early Literacy and Reading

The Trove offers numerous free programs weekly for pre-readers and beginning readers including storytimes and craft programs, as well as opportunities for caregivers to learn about the benefits of reading, how to help increase their child's reading readiness, and the opportunity to meet with resource experts. Also, be sure to check out our Bag-A-Tales kits which feature books, activities, and more which you can use at home with your children.

For Adults

Poetry SLAM & Open Mic

Join us for the first Wednesday of each month for open mic, poetry SLAM competition and a guest poet. This is a project of the White Plains Library Foundation.



En Español

Noticias es el boletín informativo oficial de la Biblioteca en español. Destaca los programas y servicios que la Biblioteca entiende ser de especial interés a los usuarios que hablan español.

Nuestra página web en español es espanol.whiteplainslibrary.org, donde usted puede encontrar información detallada acerca de los muchos servicios que ofrece la Biblioteca.

- Museum Passes
- Mobile WiFi Hotspots to Borrow
- Lunchtime Meditation
- Page Turners Book Group
- Short Story Discussion
- Book 'Em! A Mystery Book Group
- Computer Classes
- 3D Printing and Design
- (Also offered in Spanish)
- eReader Training
- TASC Classes
- AARP Tax-Aide
- United States Citizenship
- Learn Conversational Spanish
- Job Club
- Career Programs
- Small Business Programs

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

PARK FACILITIES

WHAT MAKES WHITE PLAINS SO BEAUTIFUL?

Flowering trees, daffodils, tulips! For over 50 years, the all-volunteer White Plains Beautification Foundation (WPBF) has been embellishing our parks and other areas with flowers, shrubs, trees, three tall street clocks, and a carillon, as well as two fountains, a flagpole, a gazebo and a summerhouse in Tibbits Park. Through its Adopt-a-Park program, it creates and maintains more than 60 gardens. In the 1960s they introduced the first benches on Mamaroneck Avenue, as well as the oak trees that line the street.

Every autumn, WPBF plants thousands of daffodil bulbs, with a goal of 20,000. Early bloomers, daffodils are followed by hundreds of tulips. By the end of April, 160 cherry trees burst into an explosion of pink blossoms – the inspiration for the annual Cherry Blossom Festival.

All of this is made possible by the generosity of the public, the cooperation of the city, and hands-on assistance from the Department of Public Works and the Department of Recreation and Parks.

WPBF loves to hear from you and welcomes volunteers to join us. Contact them at wpbf.org and request that your name be added to their mailing list to receive an annual newsletter. And do say “I want to help!”

The City has twenty multi-purpose parks which provide a variety of recreational resources, include varying combinations of ball fields, basketball courts, swimming pools, passive areas, playgrounds, and areas for active play.

PARK RULES AND REGULATIONS

- Parks are open daily from dawn to dusk, unless specified
- No Dogs are permitted except in Bark Park
- No smoking or alcoholic beverage are permitted
- Parents must supervise children at all times
- No littering or loitering
- A facility permit is required for use of all City owned fields

PARK FACILITIES

BATTLE HILL PARK

LOCATION: This 3.68 acre park is located to the west of the Battle Hill Condominiums on Battle Avenue and McKinley Avenue.

COMMENTS: Open field space and the outdoor basketball court is the perfect location for individuals to engage in casual athletic activities. The Community room is used as a Teen Lounge and is available for permit use.

BATTLE OF WHITE PLAINS PARK

LOCATION: This 1.31 acre park is located at the corner of Whitney Street and Battle Avenue at a high point overlooking the City.

COMMENTS: This park is the historic site of the Battle of White Plains, designed and build in 1976 as part of the National Bicentennial Projects. Interpretive historical signage is located throughout the park.

CHATTERTON PLAYGROUND

LOCATION: This .40 acre park is located at the corner of Chatterton Avenue and Harmon Street.

COMMENTS: The modern fenced play areas are well shaded and provide a variety of playground activities.

DRUSS PARK

LOCATION: This 1.99 acre park is located at the intersect of South Lexington and Prospect Avenue opposite St. Bernard's Church.

COMMENTS: The park is naturally separated into three terrains divided by gentle slopes. Each terrace has a flat plateau perfect for leisure opportunities.

MATTISON PARK

LOCATION: This .78 acre park is located in fisher Hill at the intersection of Quinby Avenue and Lynton Place.

COMMENTS: This park serves as a gathering place for children who enjoy the play areas, court and grassed areas for unstructured play. Tot lot playground recently installed features swings, accessible play area and picnic tables



MITCHELL PLACE TOT LOT

LOCATION: This .13 acre playground is in the Core Area/ Central Business District across from the Community Center on Mitchell Place.

COMMENTS: This fenced playground was designed especially for young children ages PreK-5 years.

PARK FACILITIES

TURNURE PARK

LOCATION: This 4.05 acre park is located on a sloping site diagonally opposite Eastview School bordered by Main Street, Canfield Avenue and Lake Street.

COMMENTS: A picture perfect park in a densely populated area of the city, Turnure Park is a spectacle of beauty in the spring with over 100 Japanese Cherry Trees in bloom. This is the site of our annual Cherry Blossom festival.

DELFINO PARK

LOCATION: This 17.89 acre park is our largest multiuse park and is located at 110 Lake Street and is the location of Ebersole Ice rink.

COMMENTS: This beautiful flagship park offers many exciting recreational options. Each fall our large fields transform to a community camp ground for residents to experience the great outdoors overnight. Spring, summer and fall bring softball to Delfino Park. See Page 20 for Information on Tennis Facility and Platform Tennis Courts

GARDELLA PARK

LOCATION: This 7.5 acre park is located in the Ferris Avenue and Church Street/Park Avenue neighborhoods with access from Ferris Avenue and from the parking lot of Church Street School..

COMMENTS: Gardella pool is a great way for residents to splash away the summer. Pool admission is free with a current Recreation ID card. This park is the location of our competitive outdoor high school and adult basketball league. Permits are available for large group outings.

GILLIE PARK

LOCATION: This 11.24 acre park is located at the corner of Mamaroneck Avenue and Gedney Way.

COMMENTS: Registration for all Recreation programs is available in the Administration building which is also the location of all staff offices. Additionally, this busy park is known best for its outstanding tennis courts, softball fields and home to the White Plains Little League and the "Field of Dreams". Pre-school programs are abundant in the Gillie Recreation room. See Page 20 for additional information on Tennis permits and Courts.

KITTRELL PARK

LOCATION: This 1.67 acre specialty park is located in Fisher Hill on a multi-level site at the intersection of Fisher Avenue and Irving Place.

COMMENTS: Kittrell pool renovated in 2015 features zero depth entry, lap lanes and expanded swim area. New Summer 2016 outdoor fitness center and accessible playground. Admission is free to residents with a current Recreation ID card. Guests \$6 per visit.

BALDWIN FARM

LOCATION: This 18.5 acre Specialty Park is located in the Woodcrest Heights neighborhood on Hall Avenue.

COMMENTS: Baldwin Farm is devoted to the community gardens, which along with 40 garden plots located at the New York Hospital property off Bryant Avenue; provide residents who might not have their own land an opportunity to garden. Plots may be obtained by contacting the Recreation Administration Office at 914 422-1336.

BARK DOG PARK

LOCATION: This pet friendly park is located on the Main Street extension off of Brockway Place opposite the rear of Delfino Park.

COMMENTS: Resident dogs are welcome to run around and exercise at our Dog Park. Included is a water fountain, bag dispenser for cleaning up after dogs and waste receptacle. This park features an area exclusively for small or young dogs. All dogs are required to have a current license tag and vaccinations.

BRYANT-MAMARONECK PARK

This 8.93 acre circular trail way park is located on the southeast corner of Bryant and Mamaroneck Avenue.

COMMENTS: The half mile rugged looped trail is perfect for hiking and exploring nature. Seasonal Story walks are presented in the park, for more info see p.7. You may enter and exit the park from Mamaroneck Avenue. Meter parking is available at the City owned Shapham Place lot across Mamaroneck Avenue.

PARK FACILITIES

JACK HARRINGTON GREENWAY

LOCATION: This 19 acre linear park trail portion begins at Gedney Way.

COMMENTS: The trail between Gedney Way and Ridgeway is 0.8 miles long. The trail from Ridgeway to the Scarsdale border is 0.5 miles long. The Greenway from Gedney Way south to the Scarsdale line is accessible from Gedney Way and Ridgeway. The Greenway provides a long path for individuals to enjoy walking in a natural setting in a protected area.

JACOB PURDY PARK

LOCATION: This 1.37 acre park is located on Park Avenue south of its intersection with Kirby Terrace.

COMMENTS: It is situated at the top of Purdy Hill on a part of the original 132 acre farm purchased by Jacob Purdy in 1730. In winter, the site commands an excellent view of White Plains and its surroundings to the south and west. The park was developed by the City of White Plains to accommodate the relocation of the historic Jacob Purdy House. The house is used for historical programming and as headquarters of the White Plains Historical Society.

LIBERTY PARK

LOCATION: This waterfront 2 acre park is located on Lake Street on the White Plains Harrison border.

COMMENTS: Residents can enjoy passive recreation, picnicking, hiking and fishing in the 22 acre Silver Lake. A peaceful environment tucked away from the busy downtown Liberty Park lends itself to quiet, contemplative relaxation. Named in honor of city residents who lost their lives on September 11, 2001, this is the site of our permanent monument.

RENAISSANCE PLAZA

LOCATION: This urban passive .36 acre park is located at the key downtown intersection of Mamaroneck Avenue and Main Street.

COMMENTS: The park features 3 large fountains with decorative lighting, music and water features, and seating on benches, surrounded by shade trees, ground cover and shrubs. Additionally, this landmark location is the site of numerous special events, concerts and ceremonies, most notably our New Year's Eve Celebration.

RIDGEWAY NATURE TRAIL

LOCATION: This 0.6 mile long trail and the surrounding open space area about Ridgeway School on Ridgeway. On the north it is bordered by a small dead end street, Seeger Drive.

COMMENTS: The park is utilized for educational purposes. It also serves as a community resource by providing a 0.5 walking trail to the Scarsdale border. There are several wooden bridges over wet areas.

TIBBITS PARK

LOCATION: This 4.52 acre park composed of seven large median traffic islands is located along North Broadway, running from approximately Lake Street south to Armory Place.

COMMENTS: Colorful annual and perennial plantings installed under the auspices of the White Plains Beautification Foundation grace this park. In spring this park blooms with cherry trees. Passive areas with benches are scattered throughout the park. Two display fountains, three commemorative statues, a gazebo and decorative clock also add to the beauty of these islands.



Registration Form Phone: (914) 422-1336

City of White Plains, Recreation & Parks Department, 85 Gedney Way, White Plains NY 10605

Adult Last Name _____ First Name _____

Address: _____ Apt#: _____ City: _____ Zip: _____

Phone# Day: _____ Cell: _____ Eve: _____ e-mail: _____

Emergency Contact Name: _____ Emergency# Day: _____ Cell: _____ Eve: _____

Release of Liability: In consideration of your acceptance of myself or that of my child/minor (in my legal custody) for participation in the activities/programs/use of facilities of the City of White Plains, I agree that I am aware of the inherent dangers and risk involved in these activities/programs including bodily injury, which may result from strenuous activity or other causes related to the activities/programs. I agree for myself and/or for my child/minor to release and hold harmless the City of White Plains its officials, officers, agents, employees and volunteers from any against any and all liability, damage or claim of any nature arising out of or in any way related to my participation or that of my child/minor in these activities/programs except those things caused by the sole negligence of the City. I understand that the City of White Plains does not provide accident or medical insurance and I am financially responsible for any and all medical expenses whatsoever that I or my child/minor may incur. I have read, understand and agree with the terms of this release.

Signature of Registrant or Parent/Guardian: _____ Date: ____/____/____

Course #	Participant's Name (Last, First)		Sex	D.O.B.	Grd/School	Activity Name	FEE
						Total \$	

For Office Use Only

Program Fee: _____ Amount Paid: _____ Cash: ____ Check #: _____

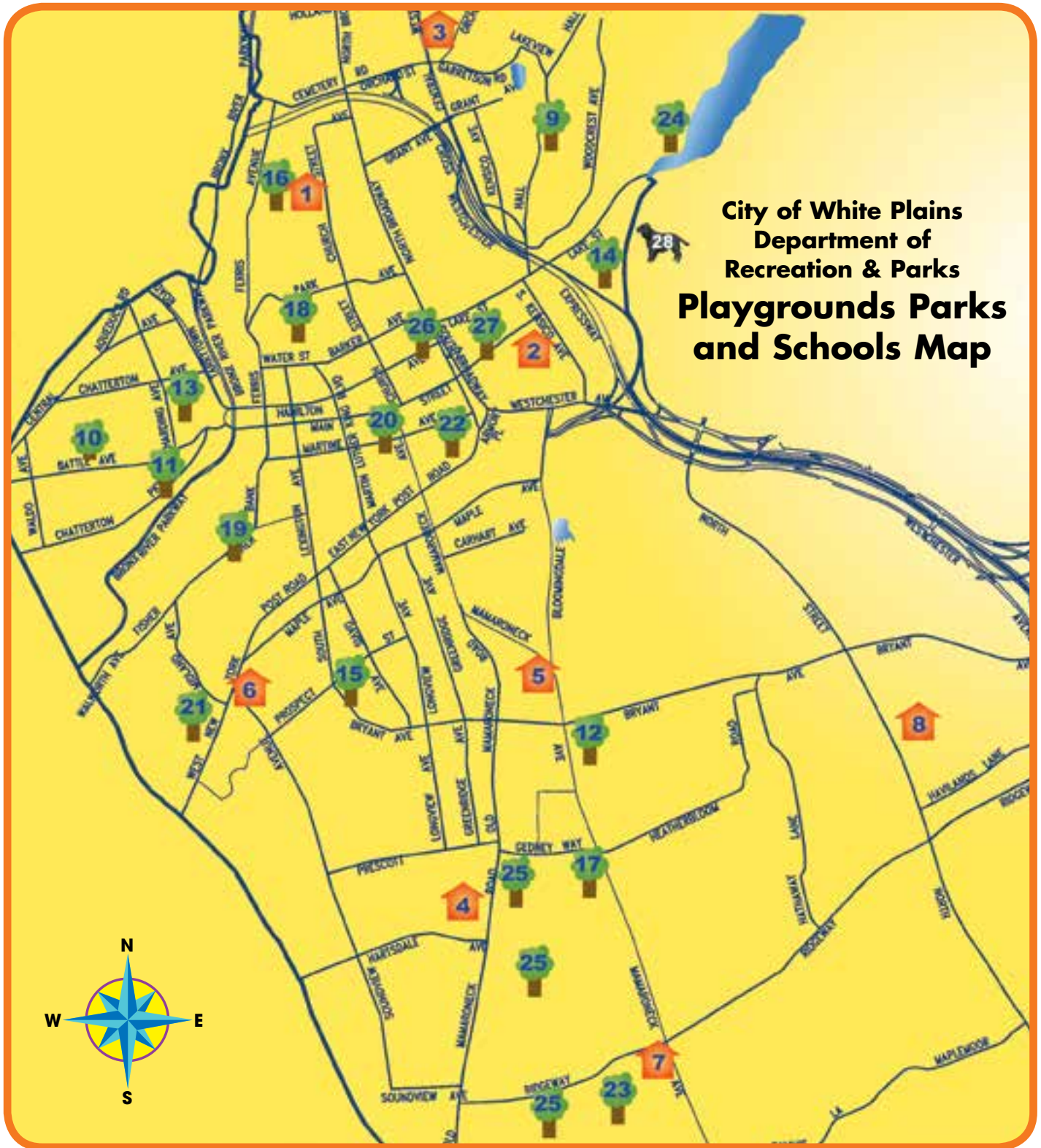
Credit Card: Master: _____ Visa: _____ Am Ex: _____ Received By: _____

White Plains Recreation & Parks

Park Amenities

	1. Church Street School	2. Eastview School	3. George Washington School	4. Highlands School/Ralph Field	5. Mamaroneck Avenue School	6. Post Road School	7. Ridgeway School	8. White Plains High School	9. Baldwin Farm	10. Battle Hill Park	11. Battle/WP Park	12. Bryant-Mamaroneck Park	13. Chatterton Playground	14. Delfino Park	15. Druss Park	16. Gardella Park	17. Gillie Park	18. Jacob Purdy Park	19. Kitrell Park	20. Renaissance Plaza	21. Mattison Park	22. Mitchell Place Tot Lot	23. Ridgeway Nature Trail	24. Liberty Park	25. Jack HarringtonGreenway	26. Tibbits Park	27. Tumure Park
Ball Fields	●	●	●	●	●	●	●	●		●			●	●		●	●		●		●						
Basketball Courts																											
Boating																											
Picnic/Cooking/Grills																											
Skating																											
Meeting Rooms																											
Nature Trails																											
Outdoor Concerts/Events																											
Historic Site																											
Picnic Pavilion																											
Playgrounds	●		●		●	●	●			●	●		●	●	●	●	●		●		●	●			●	●	
Restrooms		●	●											●		●	●		●				●			●	
Swimming Pool								●								●		●									
Tennis Courts								●		●				●			●										
Track		●		●				●									●										
Paddle Tennis													●														

**City of White Plains
Department of
Recreation & Parks
Playgrounds Parks
and Schools Map**



City Schools

- 1 Church Street School
- 2 Eastview School
- 3 George Washington School
- 4 Highlands School
- 5 Mamaroneck Avenue School
- 6 Post Road School
- 7 Ridgeway School
- 8 White Plains High School

Parks & Playgrounds

- 9 Baldwin Farm
- 10 Battle Hill Park
- 11 Battle-WP Park
- 12 Bryant-Mamaroneck Park
- 13 Chatterton Playground
- 14 Delfino Park
- 15 Druss Park
- 16 Gardella Park
- 17 Gillie Park

- 18 Jacob Purdy Park
- 19 Kitrell Park
- 20 Renaissance Plaza
- 21 Mattison Park
- 22 Mitchell Place Tot Lot
- 23 Ridgeway Nature Trail
- 24 Liberty Park
- 25 Jack Harrington Greenway
- 26 Tibbits Park
- 27 Turnure Park
- 28 Bark Dog Park



City of White Plains
Recreation & Parks
85 Gedney Way
White Plains, NY 10605

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